



**National  
Multiple Sclerosis  
Society**

**Learner Handout  
Current Topics in MS Webinar Series  
Managing Gait and Balance in MS  
March 2, 2020**

Successful completion of this activity requires that participants register for the activity, review the required CE information included in this handout, attend the program and complete the evaluation form.

### **Faculty**

Michelle Cameron MD, PT, MCR is a neurologist and physical therapist, an associate professor in the Department of Neurology at Oregon Health & Science University and at the VA Portland Health Care System. Dr. Cameron provides clinical neurology care to people with MS and related disorders and participates in various other clinical trials of MS treatments. Her research focuses on imbalance and falls in people with MS. Dr. Cameron teaches continuing education courses on balance and falls and on the use of physical agents in rehabilitation to providers around the world.

### **Target Audience**

This activity has been designed to meet the educational needs of physicians, advanced practice clinicians, nursing professionals, mental health professionals, psychologists and other members of the healthcare team who manage patients with MS.

### **Learning Objectives**

Upon completion of this activity participants should be able to:

- Identify the risk factors for falls in people with MS
- Discuss evidence-based fall prevention strategies

### **Disclosure of Financial Relationships**

In accordance with the ACCME Standards for Commercial Support, CMSC, NMSS, and VAMSCoE require that individuals in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest. CMSC, NMSS, and VAMSCoE resolve all conflicts of interest to ensure independence, objectivity, balance, and scientific rigor in all their educational programs. Furthermore, CMSC, NMSS, and VAMSCoE seek to verify that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. CMSC, NMSS, and VAMSCoE are committed to providing learners with high-quality CE activities that promote improvements in health care and not those of a commercial interest.



JOINT ACCREDITATION™  
INTERPROFESSIONAL CONTINUING EDUCATION

### Faculty Disclosures

Michelle Cameron, MD, PT, MCR disclose the following relevant financial relationships: Consultant, Adamas Pharmaceuticals Inc. Greenwich Biosciences

### Staff Disclosures

The planners, reviewers, editors, staff, or other members at CMSC, NMSS, and VAMSCoE who control content have declared that they have no relevant financial relationships.

### Disclosure of Unlabeled Use

CMSC, NMSS, and VAMSCoE require faculty to disclose to the attendees when products or procedures being discussed are off-label, unlabeled, experimental, and/or investigational (not FDA approved); and any limitations on the information that is presented, such as data that are preliminary or that represent ongoing research, interim analyses, and/or unsupported opinion. Faculty in this activity may discuss information about pharmaceutical agents that are outside of US Food and Drug Administration approved labeling. This information is intended solely for continuing education and is not intended to promote off-label use of these medications. If you have questions, contact the medical affairs department of the manufacturer for the most recent prescribing information.

### Disclaimer

CMSC, NMSS, and VAMSCoE present this information for educational purposes only. The content is provided solely by faculty who have been selected because of recognized expertise in their field. Participants have the professional responsibility to ensure that products are prescribed and used appropriately on the basis of their own clinical judgment and accepted standards of care. CMSC, NMSS, and the VAMSCoE assume no liability for the information herein.

Accreditation and Credit Designation	
<p>In support of improving patient care, this activity has been planned and implemented by the Consortium of Multiple Sclerosis Centers (CMSC), the National Multiple Sclerosis Society (NMSS), and the VA MS Centers of Excellence (VAMSCoE). CMSC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.</p>	
<b>PHYSICIANS</b>	The Consortium of Multiple Sclerosis Centers designates this live activity for a maximum of 1 <i>AMA PRA Category 1 Credit(s)</i> ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
<b>NURSES</b>	The Consortium of Multiple Sclerosis Centers designates this activity for 1 contact hour of continuing education for nurses.
<b>PAS</b> 	The Consortium of Multiple Sclerosis Centers (CMSC) has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.
<b>SOCIAL WORKERS</b> 	As a Jointly Accredited Organization, the Consortium of Multiple Sclerosis Centers (CMSC) is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CMSC maintains responsibility for this course. Social workers completing this course receive 1 continuing education credit.
<b>PSYCHOLOGISTS</b> 	Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP) and the Consortium of Multiple Sclerosis Centers (CMSC). The CMSC maintains responsibility for the content of the program. Psychologists completing this course receive 1 continuing education credit.
<p>All other healthcare professionals completing this program will be issued a certificate of participation.</p>	

If you have any questions about this activity, please contact the National MS Society at [healthprof\\_info@nmss.org](mailto:healthprof_info@nmss.org)