

2012 ziMS Funfest May 5-6, 2012

Ballgame , Bike Ride & Walk Event – Washington, DC
to Raise Money for Multiple Sclerosis (MS)



Saturday, May 5:

11:00 arrive at hotel
Key Bridge
Marriott

1:05 Nationals vs.
Phillies baseball
game

The following events all
take place at the Key
Bridge Marriott:

4:00: Hotel check-in

6-7:00 Social
hour/dinner

7:00 ziMS Funfest
Gathering

Sunday, May 6:

8-9:00 Bike ride start
time on the
Mount Vernon
Trail

10:00 10K walk start

11:00 5K walk start

1:30 ziMS Funfest
wrap-up



This event is being organized by Scott and Ellen Wallace and Cindy Hall-Beale to raise money for Multiple Sclerosis (MS) and the ziMS Foundation <http://www.zimsfoundation.org/>. Scott's sister, Cheryl Zimmerman is afflicted with the disease, so here's our chance to do something for her and all those whose lives are affected by this disease. This year's emphasis will be on the caregivers.

Saturday, May 5th Nationals vs. Phillies game at 1:05 p.m. at Nationals Park <http://nationals.mlb.com/was/ballpark/index.jsp> (stadium is a short Metro ride from hotel). Game ticket will be included for anyone raising \$200 or more. Additional tickets will be available for purchase. Let's cheer on the Nationals (or Phillies if you have too) and have a great afternoon at the ballpark. The top fundraiser will receive 2 tickets to sit in the ziMS Foundation suite with Cheryl and Keith Zimmerman, complete with food and drink vouchers and an awesome view of the game.

A personal thank you from the President of the ziMS Foundation, Ryan Zimmerman, will take place after the game at the ziMS Funfest Gathering (schedule permitting).

Sunday, May 6th Funfest Bike Ride or Walk to support the ziMS Foundation! Bike ride is from the Key Bridge Marriott to Mount Vernon and back <http://bikewashington.org/trails/vernon/index.php>, which is approximately 40 miles on a paved trail.

The 5K and 10K walks are on the Theodore Roosevelt Memorial Island trail <http://www.nps.gov/this/upload/TRI%20Trail%20system.pdf>. Support (bike repairs, medical help, snack foods and plenty of water) will be provided along the trails. Ride starts between 8-9:00 a.m. The 10K walk will start at 10:00 a.m. and the 5K will start at 11:00 a.m. All events must finish by 1:00 p.m. to be ready for the 1:30 closing ceremony.

Hotel Reservations can be made for the Key Bridge Marriott at <http://www.marriott.com/hotels/travel/WASKB?groupCode=ZIMZIMA&app=resvlink&fromDate=5/5/12&toDate=5/6/12> or by calling 1-800-228-9290 Room rates are \$119/night (\$149 including tax and parking).

We would love to reach the \$30,000 mark as we did before, but that is a lofty goal! Is anyone up for the challenge? Friends, Family, Facebook, Fundraising.....get the word out and believe that together we can make a difference!

Registration form is attached. Contact Scott or Ellen Wallace at ejlwal@aol.com with any questions. Thanks so much and see you in May!