

Protect the future of the ride

If City to Shore is your passion, make responsible riding your mission.

City to Shore's reputation rides with you and every other participant. The inconsiderate and dangerous behavior of some cyclists threatens the ride's future in some host communities. You can protect the future of this event by obeying all traffic laws and cycling rules and being courteous to the motorists, cyclists and host communities around you.

1. Obey all traffic laws, including stop signs and traffic lights
2. Always wear a helmet
3. Never use a cell phone or headphones when riding (it's against the law)
4. Never ride more than two abreast and always ride single file on narrow shoulders
5. Look before passing other cyclists
6. Use hand signals to indicate turns
7. Pass only on the left and always call out "on your left," only after looking to make sure it's clear
8. Leave space between you and the rider ahead
9. Ride on the right, following the direction of traffic
10. Yield to emergency vehicles on the route
11. Avoid riding in pacelines, especially with strangers



Visit the Safety Zone at MScycling.org for more good cycling practices

VERBAL & HAND SIGNALS

Left turn: Left arm straight out.

Right turn: Left arm straight out and bent up or right arm straight out.

"On your left": Rider approaching your left side. Ride steadily and allow room to pass.

"Car back": Car approaching from the rear.

"Gravel/Pothole/Sand/Tracks": Combined with pointing, alerts other cyclists to hazardous road conditions.

"Flat": A rider has a flat tire.

"Slowing/Stopping": Cyclist is slowing or stopping. May be combined with turning palm of hand toward people riding behind.