Category	Title	Author Last Name	Author First Name	Publisher	Publication Date	Description	Format	Quantity
FAML	Caring for You, Caring for Me-Leader's Guide	Haigler, et al	David	Rosalynn Carter Institute	1998	Program designed to address the needs of formal and informal caregivers.	Book	1
FAML	Caring for You, Caring for Me-Participant's Guide	Haigler, et al	David	Rosalynn Carter Institute	1998	Program designed to address the needs of formal and informal caregivers.	Book	1
FAML	Positive Caregiver Attitudes	Sherman	James	Pathway Books	1994	Down-to-earth strategies for developing and maintaining positive attitudes when care giving.	Book	1
FAML	The Magic of Humor in Caregiving	Sherman	James	Pathway Books	1995	Explains how to use humor in caregiving situations.	Book	2
GENL	A Guide to Independence for the Visually Impaired and Their Families	Younger, et al	Vivian	Demos Publications	1994	Comprehensive, guide for the newly visually impaired and their families.	Book	4
FAML	The Comfort of Home	Meyer, et al	Maria	Care Trust Publications	2006	Illustrated step-by-step guide for MS caregivers.	Book	9
FAML	The Comfort of Home	Meyer, et al	Maria	CareTrust Publications	1998	Illustrated step-by-step guide for caregivers.	Book	1
FAML	La Comodidad Del Hogar	Meyer, et al	Maria	CareTrust Publications	2002	Illustrated step-by-step guide for caregivers in Spanish.	Book	1
GENL	Multiple Sclerosis - A Guide for Patients and Their Families - 2nd Edition	Scheinberg, et al	Labe	Raven Press	1987	Guide for patients and their families at any stage of MS	Book	1
FAML	Multiple Sclerosis and The Family	Kalb, et al	Rosalind	Demos Publications	1992	How MS impacts the family group and strategies and resources to help families manage their lives	Book	2
FAML	Multiple Sclerosis - A Guide for Families	Kalb	Rosalind	Demos Vermande	1998	How MS impacts the family group and strategies and resources to help families manage their lives	Book	3
FAML	The Resourceful Caregiver	National Family Caregivers Assoc.		Mosby-Year Book	1996	Ready source of information for family caregivers.	Book	1
FAML	Coping With Caregiver Worries	Sherman	James	Pathway Books	1998	Provides caregivers with methods for controlling anxiety, building courage and maintaining self-confidence.	Book	1
FAML	Talking With Your Children About Multiple Sclerosis: A Place to Begin	Direct Health Media		Direct Health Media	2007	Educational program for parents and children to watch together.	DVD	15
SYMP	Living With Multiple Sclerosis - A Wellness Approach	Kraft, et al	George	Demos Vermande	1996	Addresses the overall area of choices for wellness and related issues.	Book	6
SYMP	Multiple Sclerosis - A Rehabilitation Approach to Management	Schapiro	Randall	Demos Publications	1991	Describes the various rehabilitation techniques available for MS.	Book	2
NEWL	Multiple Sclerosis - A Guide for the Newly Diagnosed	Holland, et al	Nancy	Demos Medical Publishing	2002	Provides substantive and accurate information by MS professionals.	Book	1

SYMP	Multiple Sclerosis - The Guide to Treatment and Management	Polman, et al	Chris	Demos Medical Publishing	2001	Provides a comprehensive, readily accessible guide to the wide diversity of therapeutic options available to treat MS.	Book	3
SYMP	Meeting the Challenge of Progressive Multiple Sclerosis	Coyle, et al	Patricia	Demos Medical Publishing	2001	Focuses on management of progressive MS and its symptoms.	Book	4
SYMP	300 Tips for Making Life with Multiple Sclerosis Easier	Schwarz	Shelley	Demos Medical Publishing	1999	Tips, techniques and shortcuts for MS patients by an MS patient.	Book	1
PREG	Multiple Sclerosis and Having a Baby	Graham	Judy	Healing Arts Press	1999	Information about MS, pregnancy, childbirth and parenthood by an MS patient.	Book	1
LIVG	Lean on Me	Davis	Nancy	Fireside	2006	Nancy's personal story with a step-by-step guide to empower anyone to take charge of their health care.	Book	1
LIVG	Walking May Be Difficult, But Together We Fly	Nichols	Judith	Hunter House Inc.	1999	Members of an all-woman e-mail chat group share intimate, emotional accounts of their experiences with MS.	Book	1
LIVG	Living Beyond Multiple Sclerosis - A Women's Guide	Nichols	Judith	Hunter House Inc.	2000	Sequel to Women Living With Multiple Sclerosis	Book	1
INSP	My Grampy Can't Walk	Oelschlager	Vanita	Cleveland Clinic Press	2006	Children's book that shows children that wheelchairs don't limit people.	Book	2
SYMP	Living Well with MS	Carroll	David	Harper-Collins	1993	A guide for patient, caregiver and family	Book	3
INSP	Multiple Sclerosis - A Personal Exploration	Burnfield	Alexander	Souvenir Press	1985	Frank and practical advise from a doctor and psychiatrist who has MS.	Book	2
TRAV	Easy Access to National Parks	Roth, et al	Wendy	Sierra Club Books	1992	The Sierra Club Guide for people with disabilities.	Book	2
EXER	Go For It!	Kelley	Jerry	Harcourt Brace Jovanovich	1989	A book on sport and recreation for persons with disabilities.	Book	1
INSP	My Story-A Photographic Essay on Life with MS	Davis	Amelia	Demos Medical Publishing	2004	Descriptions of living with MS through essays and photos	Book	2
INSP	Health, Healing and the Amuse System	McGhee	Paul	Kendall/Hunt Publishing	1996	Humor as survival training	Book	1
INSP	Out of the Blue	Mandel	Sally	Ballantine Publishing Group	2000	Story of a woman coming to terms with who she is and who she wants to be	Book	1
INSP	Life on Cripple Creek	Kramer	Dean	Demos Medical Publishing	2003	Essays on living with Multiple Sclerosis	Book	1
INSP	Vignettes	Wolf, et al	John	Academy Books	1993	Stories from lives with Multiple Sclerosis	Book	1
EMOT	Beyond Rage	LeMaistre	JoAnn	Alpine Guild	1993	Mastering Unavoidable Health Changes	Book	1
NEWL	The First Year - Multiple Sclerosis	Blackstone	Margaret	Marlowe & Company	2003	Guide for the newly diagnosed	Book	1
INSP	With The Power of Each Breath	Browne, et al	Susan	Cleis Press	1985	A disabled women's anthology	Book	1
INSP	Waist-High In The World	Mairs	Nancy	Beacon Press	1996	Chronicle of one woman's inspired spiritual and physical adaptations.	Book	1

INSP	Silent Night	Thomas	Sue	Tyndale House Publishers	1990	Story of a deaf woman's battle to break the sound barrier.	Book	1
INSP	Blooming Where You're Planted	Schwarz	Shelley	AJ Press	1997	One woman's journey of growth with MS.	Book	1
INSP	The Winning Spirit	Koplowitz	Zoe	Doubleday	1997	The story of how a woman with MS became the star of the 1996 New York Marathon.	Book	1
INSP	Legwork: An Inspiring Journey Through A Chronic Illness	Burstein, et al	Ellen	iUniverse.com, Inc.	1994	Consumer journalist with MS crusades to help others with MS	Book	1
FICT	At Risk	Cornwell	Patricia	Penguin Audio	2006	Fiction thriller	Audio	1
FICT	Everywhere That Mary Went	Scottoline	Lisa	Harper Audio	1993	Fiction thriller	Audio	1
FICT	Lipstick Jungle	Bushnell	Candace	Hyperion	2005	Three powerful New York City women navigating to the top of their fields.	Audio	1
GENL	MS Leaders of Hope 2004	MS Leaders of Hope Program		Biogen Idec	2005	Creative solutions to the challenges of Multiple Sclerosis.	Book	2
GENL	Multiple Sclerosis: Questions and Answers	Barnes	David	Merit Publishing	2000	Practical approach to questions about Multiple Sclerosis	Book	7
GENL	Multiple Sclerosis Fact Book	Lechtenberg	Richard	F.A. David Company	1995	Answers to questions about Multiple Sclerosis	Book	4
INSP	Courage	Trubo	Richard	Ivan R. Dee	2001	The story of the National Multiple Sclerosis Society	Book	8
INSP	Speed Bumps - Flooring It Through Hollywood	Garr	Teri	Hudson Street Press	2005	Teri Garr muses about movies, men, motherhood and MS	Book	8
INSP	Healing Conversations	Guilmartin	Nance	Jossey-Bass	2002	What to say when you don’t know what to say	Book	19
INSR	Insurance Solutions - Plan Well, Live Better	Cooper	Laura	Demos Medical Publishing	2002	A workbook for people with a chronic disease or disability	Book	1
INSR	Health Insurance Resources	Northrop, et al	Dorothy	Demos Medical Publishing	2003	Options for people with a chronic disease or disability	Book	1
INSR	Health Insurance	Enteen	Robert	Demos Vermande	1996	How to get, keep or improve your health insurance.	Book	2
ALTN	The Health Robbers	Barret, et al	Stephen	Prometheus Books	1993	A close look at quackery in America	Book	1
EMPL	Employment Issues and Multiple Sclerosis	Rumrill, Jr	Phillip	Demos Vermande	1996	Focuses on employment issues relevant to Multiple Sclerosis	Book	2
LEGL	Legal Rights of the Catastrophically Ill and Injured	Romano	Joseph	Joseph L. Romano, Esq.	1998	State laws for the state of Pennsylvania	Book	2
LEGL	Multiple Sclerosis: Your Legal Rights	Perkins, Perkins	Lanny, Sara	Demos Medical Publishing	1999	Source of basic information about the legal problems affecting people with MS	Book	3
LEGL	A Guide To Legal Rights For People With Disabilities	Stolman	Marc	Demos Publications	1994	Comprehensive guide of legal problems encountered by people with disabilities.	Book	1
ADVC	Enlightened Leadership	Oakley, et al	Ed	Simon & Schuster	1991	Practical, hands-on guide to breaking through barriers to organizational change.	Book	1
	Tax Options and Strategies for People With Disabilities	Mendelsohn	Steven	Demos Vermande	1996	Practical guide to tax options and strategies	Book	1
INSP	Fall Down Laughing	Lander	David	Tarcher / Putnam	2000	How Squiggy caught Multiple Sclerosis and didn't tell nobody	Book	4

INSP	Fall Down Laughing	Lander	David	Biogen Idec	2002	How Squiggy caught Multiple Sclerosis and didn't tell nobody	Audio	1
GENL	2006 Moving Forward: A Series on MS	National MS Society		Production People, Inc.	2006	6 DVD set	DVD	8
GENL	Clinical Trial	Giffels	J. Joseph	Demos Vermande	1996	What you should know before volunteering to be a research subject	Book	2
GENL	Nursing Practice in Multiple Sclerosis	Costello, et al	Kathleen	Demo Medical Publishing	2003	Core curriculum (in outline form) for use by nurses preparing to take the certification exam in MS nursing.	Book	2
SYMP	Therapeutic Claims in Multiple Sclerosis: A Treatment Guide	Sibley	William	Demos Vermande	1996	Detailed guide to all commonly used treatments for MS.	Book	3
GENL	Comprehensive Nursing Care in Multiple Sclerosis	Halper, et al	June	Demos Medical Publishing	2002	Definitive text on the comprehensive nursing care of people with MS.	Book	2
GENL	Multiple Sclerosis in Clinical Practice	Van Den Noort,	Stanley	Demos Medical Publishing	1999	Basic groundwork needed by physicians with patients with MS	Book	3
GENL	Multiple Sclerosis: Psychosocial and Vocational Interventions	Fraser, et al	Robert	Demos Medical Publishing	2002	Basic training text for counselors or health professionals seeking to learn more about MS vocational rehabilitation or psychosocial adjustment.	Book	1
GENL	Multiple Sclerosis: The History of a Disease	Murray	T. Jock	Demos Medical Publishing	2005	Social and professional histories of MS.	Book	1
GENL	Multiple Sclerosis: The Questions You Have - The Answers You Need	Kalb	Rosalind	Demos Vermande	1996	Definitive guide for everyone concerned with MS.	Book	1
GENL	Multiple Sclerosis: Immunology, Pathology and Pathophysiology	Herndon	Robert	Demos Medical Publishing	2003	Covers the basic sciences related to MS.	Book	2
GENL	Multiple Sclerosis: Diagnosis, Medical Management and Rehabilitation	Burks	Jack	Demos Medical Publishing	2000	Provides comprehensive information in a practical format for health care professionals.	Book	1
ALTN	Tyler's Honest Herbal	Foster	Steven	Haworth Herbal Press, Inc.	1999	A sensible guide to the use of herbs and related remedies.	Book	1
PREG	Mother To Be	Rogers	Judith	Demos Publications	1991	A guide to pregnancy and birth for women with disabilities.	Book	1
ALTN	Alternative Medicine and Multiple Sclerosis	Bowling	Allen	Demos Medical Publishing	2001	Information on relevance, safety and effectiveness of various alternative therapies for MS.	Book	1
ALTN	The Alternative Medicine Handbook	Cassileth	Barrie	W. W. Norton & Company	1998	Reference guide to alternative and complementary therapies.	Book	1
INSP	Incidental Heroes	Popper	Jackie	Michael Friedman Publishing Group	1999	Inspiring stories of MS patients' own experiences.	Book	5
GENL	Hold that Thought: Cognition	National MS Society		2008 North American	2008	Booklet and Video address cognition and	Booklet	8