SAVE THE DATE

4/4/2009	Exercise Demonstration, Rehab. Hosp of Indy	Indianapolis
4/13/2009	Stress and MS Teleconference	Statewide
4/18/2009	Walk MS: River Valley®	Evansville
4/25/2009	Walk MS: Indianapolis®	Indianapolis
4/25/2009	Walk MS: East Central®	Muncie
5/2/2009	Walk MS: Michiana®	South Bend
5/11/2009	Nutrition Teleconference	Statewide
5/16/2009	Walk MS: South Central®	Columbus
5/16/2009	Walk MS: Northeast®	Fort Wayne
6/8/2009	Exercise and MS Teleconference	Statewide
7/13/2009	African Americans and MS Teleconference	Statewide
Ongoing	Aquatics Program at Spiece Fitness	Fort Wayne
Ongoing	Aquatics Program at Jewish Comm Ctr.	Indianapolis
Ongoing	Aquatics Program at IUPUI Natatorium	Indianapolis

For more information on these programs and events, visit nationalMSsociety.org/ini.

National Multiple Sclerosis Society
Indiana State Chapter

7301 Georgetown Road
Suite 112
Indianapolis, IN
46268

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National Multiple Sclerosis Society

CONNECTION

MOVING TOWARD A WORLD FREE OF MS

Volume 2• Issue 6 Indiana State Chapter

The Economic Stimulus Plan for MS

MS has touched each of us in different ways and it is important that everyone hears the stories of multiple sclerosis- the struggles, the triumphs, the hope. Given these difficult economic times, requests to the chapter for financial assistance financial assistance from MS clients have more than doubled. We are committed to serving our clients and fulfilling our mission to end the devastating effects of MS.

The Indiana State Chapter Staff of the National MS Society has formed a statewide walk team called "The Different Faces of MS" to address these issues. Our goals are:

1. Generate 10,000 new online or mailed donations to the chapter which would match the number of Hoosiers who have MS. This is a special appeal and would be over and above contributions typically made through other walk teams, individuals or mail campaigns. A $25 online gift can have a tremendous impact on 2.5 million people across the world diagnosed with MS.

2. Raise public awareness and education about the disease and its effects on those diagnosed, their family, friends and coworkers.

Accomplishing these goals will help us raise critically needed awareness, public education and funds to support the nearly 8,000 clients served by the chapter and continue to fund groundbreaking research.

YOU CAN HELP TELL THE STORY OF THE DIFFERENT FACES OF MS.

Please go to www.nationalmssociety.org/ini and click on the (Different Faces of MS) icon. We ask that you share your story. We want all the different faces of MS represented from those diagnosed to their spouses or children, from neurologists and researchers to friends and family members.

What better way to lift your spirits then to make a financial contribution, large or small, where nearly 100% will be used for direct services and to fund research. After your contribution, participate in a walk near you. We guarantee an inspirational event where you can associate yourself with hundreds or thousands of like minded enthusiastic individuals.

See below and on Page 7 for walk teams that are making great plans for the walk season!

STATEWIDE TEAMS LEADING THE WAY

(teams registered by February 3, 2009)
Central Indiana

Accorda Team: Indianapolis, IN
Cache On! Indy Diver
Fighting with Grace
Gail and Tammy's Team
Karin Inkoff-Holman & Friends
Lepricons for MS
Mel's 'Migos
Movers & Shakers
Noblesville "Mini-Steppers"
Sarah Bella
Team Donegan
Team Howdie
Team Swift
Walk a Myelin Hope
Always Smyelin
Cousins for a Cure
FindaCure
Grace: Rae of Hope
Kids for a Cure
M & T
Mighty Strong
MS Angels
Oldham
Shirley's Support
Team Gatorade EnAble
Team Lorch
Team Tchoula
Wendy's Walkers
Basso's Bunch
Doppleganger
Firestone MS Militia
Heather's Walkers
Klinker Power
m&m
Mike's Striders
MS Extreme Team
Peacock
Story of Hope
Team Solutions
The Joe Lime Gang
Wise Guys
Broyles-Dallas: BDing MS
Dyer Straights
Friends of Freda
Herd of Hope
KPMG Team Slauson
McKinley for a Cure!
Mom & Me
MSketeers
Rock the Walk
Strength and Beauty
Team Green
Team Sooper Goober
The MS Fighters

(continued on page 7)

MS CONNECTION

Publication of the National Multiple Sclerosis Society
Indiana State Chapter
7301 Georgetown Road, Suite 112
Indianapolis, IN 46268
1-800-344-4867

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Department of Child Services
Chuck Reeck, M.D.
Dennis Rosebrough
Bureau of Motor Vehicles
Mike Seidle, M.D.
Monica Brownewell Smith
Barnes & Thornburg LLP
Maureen Weber
Bureau of Motor Vehicles
Steve Wessel, CPA
Somerset
Kevin Woodhouse
Ice Miller LLP

Go Green (and help the chapter cut down on expenses, too!)

Interested in receiving this publication via email? You can! Simply email us and let us know. The issue will be emailed to you in a link to a page on our chapter website, which you can click on to view the document as a .pdf file.

We promise to be vigilant and considerate in our use of this information, and won't share this information with anyone outside of the chapter. By providing your email address, we will be able to communicate with you on a more regular basis while offsetting the growing cost of print materials and postage. In addition, you can help us in our continued efforts to preserve the environment.

Please email the chapter at Indiana@nmss.org to submit your email address for electronic delivery of the MS Connection.

National Conference – Do Something NOW!!

Chapter Staff Tiffany Bogard, Joe Pickard, Lisa Coffman, along with outgoing Board Chair Nick Dallas and incoming Board Chair Suzanne Clifford, represented the Indiana State Chapter at the National Conference in Chicago in November.

Attendees participated in workshops featuring research updates, public policy issues and best practices for fundraising and events. In addition, there was a very spirited Team Captain celebration.

Among the conference highlights included a speech from Dr. Dora Hughes. Dr. Hughes developed MS in medical school and went on to get her MD, a masters in public health and a job as health policy advisor for a junior senator from Illinois just a few years ago. Dr. Hughes continues in this role for President Obama, and promised the conference an administration that will not forget what people with MS go through. She urged the audience to move themselves and others on public policy issues, underscoring that collaboration is the key to pragmatic, real-world solutions.

Board and staff members attending the November 2008 National Conference.

Chapter President's Letter

Dear Friends of the Indiana State Chapter,
As we present you with our annual report, it is a time of refection and celebration, renewal and change for the future.

Annual Report
On the pages that follow, please note our 2008 audited financial statements. Highlights: As detailed on the Statement of Activities, total revenues reached nearly $1.5 million in 2008. That allowed us to spend over $1 million in program services, including research. The chapter was able to contribute nearly $90,000 to its Promise 2010 research commitment this past year, supporting Nervous System Repair and Protection, Pediatric MS, the MS Lesion Project and the Sonya Slifka Study.

This year, client registration numbers reached 7,573 for Indiana and northwestern Kentucky and we dedicated 76% of expenses toward programs and services, maintaining a lower-than-industry standard fundraising and management total at 24%. Notably:

- **We collaborated with four other chapters to conduct the Midwest Teleconference series, in which 571 clients participated, learning about a new topic each month.**
- **We fielded over 5,000 information and referral inquiries.**
- **We provided financial assistance to 95 clients this year.**
- **We funded five college scholarships.**

As we face uncertain economic times and a transitioning political climate, I want to share some changes you may see from us, as well as offer suggestions for how you can help our chapter be fiscally solvent.

- **Volunteer.** You can help chapter resources go further by donating your valuable time. For those of you who may be in-between jobs, maintain your job skills while helping the chapter plan programs and events, or stretch staff efforts at the office on special projects.
- **Sign-up for the Walk MS or Bike MS.** Have a team. People continue to be generous through their donations to the events, but they need to be asked. Now is the time to register for our spring events.
- While we enjoy putting out the quarterly MS Connection and keeping you updated on chapter highlights and activities, it is an extremely costly program to maintain. **You can help us by providing us with your email address to receive this newsletter electronically. This can save the chapter thousands of dollars annually that could be allocated to client services.** On our end, we will be reducing the expenses of the newsletter by producing three issues rather than four in 2009, and by printing in black and white versus color.

Remember that people living with MS are facing challenges more critical than ever before. Our requests for financial assistance have reached record highs. Dozens of research projects have yet to be funded, research that may yield the cure for MS. As a member of this chapter, you have the ability to help us succeed and reach our service and financial goals. Please, be engaged today and in the year to come. We cannot do it without you.

Most sincerely,

Tiffany L. Bogard, MSW
Chapter President

(financial documents on pages 4-6)

National Multiple Sclerosis Society, Indiana State Chapter

Statements of Activities and Net Assets

	Year ended September 30 2008				Year ended September 30 2007			
	Unrestricted	Temporarily Restricted	Permanently Restricted	Total	Unrestricted	Temporarily Restricted	Permanently Restricted	Total
Public support:								
Received directly:								
Special events, including in-kind donations: 2008 - $41,235; 2007 - $40,069	$ 887,303	$ 198,061		$ 1,085,364	$ 1,058,046	$ 208,508	$ -	$ 1,266,554
Less benefit to donor costs	(121,373)	-	-	(121,373)	(161,130)	-	-	(161,130)
	765,930	198,061	-	963,991	896,916	208,508	-	1,105,424
Membership and contributions, including in-kind donations: 2008 - $2,548; 2007 - $4,782	260,540	75,440	-	335,980	231,128	72,769	-	303,897
Legacies	-	45,000	-	45,000	4,850	-	-	4,850
Received at National (other than legacies)	126,782	-	-	126,782	125,089	80	-	125,169
Total received directly	1,153,252	318,501	-	1,471,753	1,257,983	281,357	-	1,539,340
Received indirectly:								
Combined Federal Service Campaign	6,649	-	-	6,649	2,909	-	-	2,909
Total received indirectly	6,649	-	-	6,649	2,909	-	-	2,909
Total public support	1,159,901	318,501	-	1,478,402	1,260,892	281,357	-	1,542,249
Grants from governmental agencies	-	-	-	-	-	-	-	-
Other revenue:								
Investment income (loss)	-	28,019	(54,507)	(26,488)	-	15,012	19,210	34,222
Service program fees	-	827	-	827	-	3,581	-	3,581
Miscellaneous income (expense)	-	-	-	-	-	(99)	-	(99)
Total other revenue	-	28,846	(54,507)	(25,661)	-	18,494	19,210	37,704
Net assets released from restrictions	342,151	(342,151)	-	-	290,861	(290,861)	-	-
Total revenues	1,502,052	5,196	(54,507)	1,452,741	1,551,753	8,990	19,210	1,579,953
Expenses:								
Program services:								
Research	280,263	-	-	280,263	217,808	-	-	217,808
Client programs	371,515	-	-	371,515	280,663	-	-	280,663
Community programs	169,665	-	-	169,665	143,607	-	-	143,607
Professional education and training	21,208	-	-	21,208	60,632	-	-	60,632
Public education	233,888	-	-	233,888	248,642	-	-	248,642
Total program services	1,076,539	-	-	1,076,539	951,352	-	-	951,352
Supporting services:								
Fund-raising	188,267	-	-	188,267	224,400			224,400
Management and general	127,247	-	-	127,247	113,711	-	-	113,711
Total supporting services:	307,514	-	-	307,514	338,111	-	-	338,111
Public Support to National	186,257	-	-	186,257	213,535	-	-	213,535
Total expenses	1,570,310	-	-	1,570,310	1,502,998	-	-	1,502,998
Change in net assets	(68,258)	5,196	(54,507)	(117,569)	48,755	8,990	19,210	76,955
Net assets at beginning of year	606,645	42,208	268,108	916,961	557,890	33,218	248,898	840,006
Net assets at end of year	$ 538,387	$ 47,404	$ 213,601	$ 799,392	$ 606,645	$ 42,208	$ 268,108	$ 916,961

National Multiple Sclerosis Society, Indiana State Chapter

Statements of Financial Position

	September 30 2008	September 30 2007
Assets		
Current assets:		
Cash and cash equivalents	$ 500,741	$ 307,205
Investments-at market plus accrued interest	261,748	477,905
Contributions receivable, less allowance for uncollectible: 2008 - 2,750; $, 2007 - $4,500	47,404	42,208
Prepaid expenses and other assets	17,240	9,934
Total current assets	827,133	837,252
Noncurrent assets:		
Property and equipment, net of accumulated depreciation: 2008 - $92,871; 2007 - $85,752	5,565	10,338
Interest in charitable revocable trust	213,601	268,108
Total noncurrent assets	219,166	278,446
Total assets	$ 1,046,299	$ 1,115,698

	September 30 2008	September 30 2007
Liabilities and net assets		
Current liabilities:		
Due to National Multiple Sclerosis Society:		
Remittance due to National	$ 165,026	$ 74,133
Accounts payable and accrued expenses	64,451	103,914
Deferred income	17,430	18,356
Total current liabilities	246,907	196,403
Long-term liabilities		
Lease obligations	-	2,334
Total liabilities	246,907	198,737
Net assets:		
Unrestricted	538,387	606,645
Temporarily restricted	47,404	42,208
Permanently restricted	213,601	268,108
Total net assets	799,392	916,961
Total liabilities and net assets	$ 1,046,299	$ 1,115,698

National Multiple Sclerosis Society, Indiana State Chapter

Statements of Cash Flows

	Year ended September 30 2008	2007
Operating activities		
Change in net assets	$ (117,569)	$ 76,955
Adjustments to reconcile change in net assets to net cash provided by operating activities:		
Depreciation and amortization	7,694	6,926
Bad debts	3,751	6,307
Unrealized gains on investments	(13,170)	(316)
Changes in market value of beneficial interest in trust	54,507	(19,210)
Changes in operating assets and liabilities:		
Receivables	(5,196)	(15,297)
Prepaid expenses and other assets	(7,306)	4,008
Accounts payable and accrued expenses	(39,463)	32,648
Deferred income	(926)	8,233
Due to National	90,893	(17,679)
Net cash (used) provided by operating activities	(26,785)	82,575
Cash flow from investing activities		
Purchases of furniture, fixtures and equipment	(2,345)	(4,651)
Purchases of investments	-	(125,199)
Proceeds from sales of investments	225,000	4,283
Net cash provided (used) by investing activities	222,655	(125,567)
Cash flow from financing activities		
Payments on capital lease	(2,334)	(2,222)
Net cash used by financing activities	(2,334)	(2,222)
Net increase (decrease) in cash and cash equivalents	193,536	(45,214)
Cash and cash equivalents at beginning of year	307,205	352,419
Cash and cash equivalents at end of year	$ 500,741	$ 307,205

(continued from cover)

Michiana Area

Butler's Brew
Development Divas and DUDE
Grossnickle Gang
Local #5 Union MS Team
Miles of Smiles
NTA's Heather's Hoofers
Smith Shining Stars
The "J" Team
The J's Team
Crowe MSWALK Team
Kate's Hope
Makin A Difference
MS Supporters
SIGNS for Hope
Star Walkers
The Healy Group
Wells Fargo

Northwest Indiana

amys angels
Be My Valentine Supporters
Bet Rid Of It!
Hope Walkers
Ladybugs
Marcia's Magnolia Marchers
MS Stride Riders
NeuroScience Neurons
Perdue Clan
Sully's Striders
Team Dixon
Barb's Bunch
Caravan of Hope
Harris Lions
Kim's Team Indy
Lavone Love On
mel d gives back
Mystical Sisters
Pam's Groupies
Robinson's Racers
Szczudlak Supporters
We Love Peggy

Northeast Indiana

Ambition
Garrett Crusaders
Ping's Pack
The Bruisers
Amy's Team
Go Getters
POWER Space Cadets
Cori's Team
Mary's Crew
Team Copaxone
Fort Wayne Neurological Center
MS Cure
Team Neuro

South and West Indiana

Basham Family
Heritage Federal Credit Union
Team Grimes
We've got sole
Black Equipment Rockers
Marc's Amegos
Team R.C.R
Darla's Cowboys
Rock and Rollers
Trish's Trompers
Derrick's Faith Walkers
Team R.C.R.
Vectren

East Central Indiana

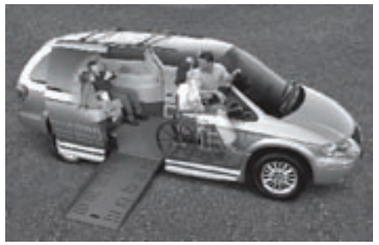
Anderson Area
team daffyduck
Team Tricia
Takin' Strides
Team Mills
From the "Roots" to the "Tops"
TEAM POP WALK'N & ROLL'N

South Central Indiana

Charlies Angels
Team Rouse
The Naturals
Everyday Angels
Team Sis
The Phillips Team
Programs Posse!
Team Tooley
West Side Walmart
Scherer's Team
The Greenwood Gals

Superior Van & Mobility

Mobility Vans • Wheelchair Lifts
Sales • Service • Rentals



1-800-508-8267 (VANS)
1-800-458-8267 (VANS)

Evansville, IN
Indianapolis, IN
Ft. Wayne, IN
South Bend, IN
Louisville, KY
Lexington, KY

www.superiorvan.com

3rd Party events – a great way to support MS!

On occasion, members of the MS community plan and execute their own special events to support MS. Funds raised from these event support the chapter and its growing programs.

If you are interested in coordinating one of your own 3rd party events, contact Gina Farrar, Donor Relations Manager, at the chapter office at gina.farrar@nmss.org, or at 800-344-4867, option 2.

Many thanks to the coordinators of recent third party events!

Brainstorm
Horizon School
Association of Indiana Health Underwriters
Sever Storey Law Firm
Omni Tobacconist

Steve Farber of Heart to Heart Gifts presents a check to the Indiana State Chapter of proceeds from the sale of products. Thank you for your support, Steve and Heart to Heart gifts!

Thanks to the help of corporate supporters like Cooke Financial (pictured), located in Indianapolis, Heart to Heart is able to lend support to the chapter on a significant level.

Current Third Party events

Heart to Heart Gifts:

Heart To Heart Gifts is a way to give a gift and a contribution at the same time. These items will not be gifts that people forget about once they are gone, but will remind people of their friend's compassion and a way to give back. Money raised from these gifts will support programs and resources for people affected by MS, as well as research to help find a cure. For more information or to order your gift, visit www.hearttoheartgifts.com

Heritage Classic Golf Tournament:

Scheduled for Monday, August 10, 2009, this golf tournament raises over $15,000 for the Indiana State Chapter. Interested in participating? Contact Rich Elliott at richelliott@premierbandag.com, or contact the chapter office for more information.

Get Cooking!

Help support the chapter by purchasing a cookbook! Ladybug Publishing and Tasha Phelps will donate 20% of the proceeds of their *Dinners and Desserts* cookbook to the MS Society. This 95 page cookbook has great recipes and you are supporting a great cause. For more information, visit www.phelco.com/ladybug/bookstore.htm

Paint By Design:

Nurse Holly Stansbrough has written a book titled *Finding Me*. A portion of the proceeds from the book will go to the Indiana State Chapter. Find out more about the book at http://paintbydesignstore.com

Self Help Group Contacts

For detailed information about a meeting near you, contact the person listed for your area or visit nationalMSsociety.org/ini for further detail.

Anderson
1st Thursday of each Month
(except May, December and January)
7:00 p.m. – Saint John's Medical Center, Bennett Rehab Dining Room, 2015 Jackson Street

Angola
4th Monday of each month
(except May, November and December)
7:00 p.m. – Angola Assembly of God

Auburn/DeKalb County
3rd Monday of each month
7:00 p.m. – DeKalb Memorial Hospital, Medical Arts Bldg., Room 303

Calumet City, IL
3rd Monday of each month
7:00 p.m. – Community Room, Calumet City Library

Carmel
1st Tuesday of each month
6:00 p.m. – MCL Cafeteria at 116th and Keystone

Columbus
3rd Monday of each month
6:00 – 8:00 p.m.
Columbus Library

Crawfordsville
2nd Monday of each month
(except December)
6:30 p.m. – Friendship Baptist Church

Decatur
4th Tuesday of each month
7:00 p.m. – Church of God

Elkhart
1st Wednesday of each month
7:00 p.m. – Elkhart Neurology

Ellettsville
Nancy Dixon
812-361-1110
tdixon@bluemarble.net
Twice per month – contact Leader for dates and times
Monroe County Public Library, Ellettsville Branch (in the Program Room)

Fort Wayne
1st Monday of each month
7:00 p.m. – Lutheran Hospital Rehabilitation Center, Cafeteria

Gary
3rd Tuesday of each month
12:00 noon – 2:00 pm – Midlake Campus of Methodist Hospital, Room A, 2269 West 25th Avenue

Hancock County
3rd Thursday of each month
7:00 – 8:30 p.m. – Hancock Regional Hospital, Classroom #1

Hendricks County
2nd Tuesday of each month
7:00 – 8:30 p.m. – Hendricks Regional Health, Avon

Henry County
(First meeting on March 12, 2009)
2nd Thursday of every third month
(March, June, September, December 2009)
6:30 – 8:00 pm – Mooreland Friends Meeting, 101 North Jefferson Street, Mooreland

Huntington
Randy Bellamy
260-468-2366
bellamy1146750@yahoo.com
Contact Randy for time and place of monthly meeting.

Indianapolis - South
Rose and Dan Bonwell
317-634-3051
rbonwell@hotmail.com
7:00 p.m. – Call for location

Indianapolis - East
2nd Tuesday of each month
(Sept.-Dec. and April-May)
7:00 p.m. – Cumberland Christian Church

Indianapolis – Northwest
3rd Saturday of each month
10:00 am – 12:00 noon – St. Vincent's Hospital, Schaffer Room A

Johnson County
1st Monday of each month
(except July – August)
7:00 p.m. – Clark Pleasant Library, Whiteland

LaPorte
2nd Wednesday of each month
6:00 – 7:00 p.m. – LaPorte Hospital Crossings

Lebanon – "MS Wellness Self-Help Group"
3rd Monday of each month
(except June – August)
7:00 p.m. – Lebanon First Community Church

Marion
1st Monday of each month
6:00 p.m. – Marion Public Library, 600 South Washington Street
3rd Thursday of each month
1:00 p.m. - Various locations

Merrillville
2nd Monday of each month
(except December – February)
6:00-7:30 p.m.- Rehab Centers, 303 East 89th Avenue (immediately south of Methodist Hospital)

Merrillville
3rd Friday of each month
11:30 a.m. – 12:30 p.m. – Neuroscience Building Conference Room, 200 East 89th Avenue, Merrillville

Morgan County
1st Tuesday of each month
6:30 pm – River Valley Christian Church, Martinsville

Muncie
1st Wednesday of each month
(except June – August)
7:00 p.m. – Hazelwood Christian Church

Noblesville
2nd Thursday of each month
6:30 – 8:00 p.m. – Riverview Rehabilitation Center

Richmond Area
2nd Wednesday of each month
6:00 – 7:30 p.m. – Centerville Senior Center

Terre Haute
3rd Thursday of each month
(except January)
6:00 p.m. – Hamilton Center (Spectrum Industries) Building (at Wabash and 16th)

Valparaiso
Carepartners group also offered.
2nd Monday of each month
7:00 p.m. – Porter Hospital Education & Rehabilitation Building

Winamac
2nd Saturday of each month
10:00 a.m. – Noon – Pulaski Memorial Hospital

If You or Someone You Know Has MS
Studies show that early and ongoing treatment with an FDA-approved therapy can reduce future disease activity and improve quality of life for many people with multiple sclerosis. Talk to your health care professional or contact the National MS Society at www.nationalMSsociety.org or 1-800-344-4867 to learn about ways to help manage multiple sclerosis and about current research that may one day reveal a cure.

Information provided by the Society is based upon professional advice, published experience and expert opinion. Information provided in response to questions does not constitute therapeutic recommendations or prescriptions. The National Multiple Sclerosis Society recommends that all questions and information be discussed with a personal physician. The Society does not endorse products, services or manufacturers. Such names appear here solely because they are considered valuable information. The Society assumes no liability for the use or contents of any product or service mentioned.

MS stops people from moving. The National MS Society exists to make sure it doesn't. We help each person address the challenges of living with MS.

© 2008 National Multiple Sclerosis Society, Indiana State Chapter

TELL US WHAT YOU NEED

We are dedicated to improving the lives of people with Multiple Sclerosis, but we need your help!
IF YOU HAVE BEEN DIAGNOSED WITH MS, please assist us by filling out this needs assessment survey.
We care about you and want to know how we can help you and others with MS improve your quality of life.

A few minutes spent on this confidential survey may improve the lives of hundreds… including you!
The results will be published on our website and in a future edition of the MS Connection.

Please submit to the chapter office by May 4, 2009. Thank You!

MAIL
Mail your completed survey to:
National Multiple Sclerosis Society
Indiana State Chapter
7301 Georgetown Road, Suite112
Indianapolis, IN 46268

FAX
Fax your completed survey to:
317-870-2520

ONLINE
Visit www.nationalMSsociety.org/ini
and click on the "2009 Needs Assessment" link.

1. What **COUNTY** do you live in?_____

2. Community Resources

Please place a check in the box to identify the services you use, your level of satisfaction with them, and identify services you would use if available in your community.	Use Services: Very Satisfied	Satisfied	Neutral	Unsatisfied	Very Unsatisfied	Would Use if Available	Not Needed
a. **Employment** Job preparation, training & placement							
b. **Medical Equipment & Assistive Devices** Wheelchairs, lifts, computers, other aids & devices							
c. **Home/Bathroom Modifications** Widened doors, shower-tub conversion, etc.							
d. **Automobile Modifications** Hand controls/installation, chair lift, etc.							
e. **Case Management** Counseling/emotional support							
f. **Financial Support** Government programs/ benefits including funds for equipment & medication							
g. **Health Services** Access to family doctor, health clinics, emergency services, hospitals							
h. **Home Support/Care Services** Assistance with bathing, meals, housekeeping							
i. **Housing** Safe, affordable, accessible, without barriers							
j. **Transportation** To/from medical appointments, prescription pick-up, etc.							
k. What is your satisfaction with all of the community services you use?							

3. Health Care

Who is your **primary** health care provider for your MS?

a ❑ Family practice/primary care doctor
b ❑ Neurologist
c ❑ Opthalmologist
d ❑ Physical/Occupational therapist
e ❑ Rehabilitation medicine specialist
f ❑ Physiatrist
g ❑ Alternative therapy specialist
h ❑ Other _____

How would you rate your primary health care provider on:	Excellent	Very Good	Good	Fair	Poor
i. Overall care and services					
j. Overall knowledge of MS					
k. Awareness of treatments for MS					
l. Listening skills/bedside manner					
m. Speaks in terms I can understand					
n. Takes time to answer questions					

o. What would you change about your health care services?

4. Employment

a. If you are employed, what difficulties (if any) have you encountered in the workplace because of your MS?

b. If you are not employed, but looking for work, what has prevented you from finding and/or securing a job as a result of your MS?

5. Programs and Services
Please rate your level of satisfaction with the programs/services you have received from the Indiana State Chapter.

	Excellent	Very Good	Good	Fair	Poor	Haven't used
a. Programs/services received from the Indiana State Chapter overall						
Program/Service	**Excellent**	**Very Good**	**Good**	**Fair**	**Poor**	**Haven't used**
b. Providing information, referrals, resources						
c. In-Person Educational Seminars						
d. Educational Seminars by phone						
e. Self-Help Groups						
f. Social Outings (Fever game, Railcats game, Indians baseball game, Wizards game, picnic at the zoo, etc.)						
g. Financial Assistance Program						

h. For the services that you rated as "fair" and "poor" – what could improve your level of satisfaction?

6. Would you be interested in attending a workshop/program to learn about the following?

Employment:	**Very likely**	**Somewhat likely**	**Not likely**
a. Disclosure (in the interview and on the job)			
b. Dealing with MS issues in the work setting			
c. Reasonable Accommodations			
d. Work benefits (long- and short-term disability insurance, sick leave, Family and Medical Leave Act)			
e. Assistive Technology (Equipment to help you stay on the job (larger computer monitors, keyboards, special software, etc.)			
Wellness:	**Very likely**	**Somewhat likely**	**Not likely**
f. Exercise and fitness (Adaptive yoga, aquatics, etc.)			
g. Nutrition			
h. Joint protection			
Emotional & Mental Health:	**Very likely**	**Somewhat likely**	**Not likely**
i. Impact of MS on relationships (i.e. Disclosure to friends, etc,)			
j. Intimacy/sexual issues			
k. Stress management			

Financial Management:	**Very likely**	**Somewhat likely**	**Not likely**
l. Entitlements (Medicare, Medicaid, Disability, etc.)			
m. Estate Planning (Wills, Power of Attorney)			
n. Insurance			
o. Financial assistance resources in the community			
Long-Term Care:	**Very likely**	**Somewhat likely**	**Not likely**
p. Adult Day Programs			
q. Home Health Care			
r. Assisted Living			
s. Respite Care			
Symptom management:	**Very likely**	**Somewhat likely**	**Not likely**
t. Fatigue			
u. Problems with walking			
v. Spasticity			
w. Memory/Cognition			
x. Pain			

y. Are there any additional topics you would be interested in learning (more) about?

7. What are three things that chapter could do or offer **NOW** to improve your quality of life?

a.

b.

c.

8. Please share any additional ideas and comments about our chapter programs and services: