ANNUAL REPORT 2009

join the movement and move others

National Multiple Sclerosis Society
Central New England Chapter

We are moving to mobilize the millions of people who want to do something about MS now.

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Chairman's & President's Letter

The Central New England Chapter and the National MS Society will continue to gain momentum toward a world free of multiple sclerosis.

Dear Friends:

We are proud to present for your review the Fiscal Year 2009 Annual Report of the Central New England Chapter, covering activities in New Hampshire and Massachusetts from October 1, 2008, through September 30, 2009. While this was a challenging year, there were many successes and great examples of the resiliency of our organization. Volunteers, event participants, donors, and staff all stepped forward to make sure there were adequate resources to help people who have multiple sclerosis, and to fund essential MS research.

The Chapter strengthened its position by recruiting a significant number of new Walk MS and Bike MS participants, whose contributions helped compensate for a drop in individual fundraising averages. Their increased numbers promise greater donations as economic conditions improve over the course of the new fiscal year. Thanks to rigorous management and prioritizing of expenses, many people with MS received the desperately needed help that they requested from the Chapter's financial assistance program.

At the beginning of the new Fiscal Year 2010 (October 1, 2009), Vermont joins forces with New Hampshire and Massachusetts to become part of the Central New England Chapter. The new partnership will result in even more resources for MS education, support, advocacy, and services to help people in Vermont, who are affected by MS.

Our combined strengths will help us move closer to the ultimate goal that we all share—no matter the name of our state or chapter—a world free of MS.

Sincerely,

Eli Lipcon
Chairman of the Board

Arlyn A. White
President & CEO

Creating a world free of MS.

What is MS?

Multiple sclerosis interrupts the flow of information between the brain and the body and can stop people from moving forward in their lives. Every hour in the United States someone is newly diagnosed with MS, an unpredictable, often disabling disease of the central nervous system. Symptoms range from numbness and tingling to blindness and paralysis. The progress, severity and specific symptoms of MS in any one person cannot yet be predicted, but advances in research and treatment are moving us closer to a world free of MS.

Most people with MS are diagnosed between the ages of 20 and 50, and more than twice as many women than men are diagnosed with the disease. Teenagers and young children can also have MS.

There are more than 14,000 people who have multiple sclerosis in Massachusetts and New Hampshire, 400,000 in the United States, and 2.5 million worldwide.

The Causes are Unknown

While the exact cause of MS is unknown, it is believed that MS is an autoimmune disease where the immune system attacks the myelin and underlying nerve fibers in the central nervous system. Scientists do not yet know what triggers the immune system to do this. Most agree that several factors are involved, including genetics, gender, and environmental triggers that have not yet been identified.

The National MS Society

The National MS Society is a collective of passionate individuals who want to do something about MS now, to move together toward a world free of multiple sclerosis.

Our home office and 50-state network of chapters fund more MS research, provide more services to people with MS, offer more professional education, and further more advocacy efforts than any other MS organization in the world.

In 2009, the Central New England Chapter spent 85 percent of monies raised in Massachusetts and New Hampshire on MS education, support, advocacy, services, and research for 14,000 individuals and their families affected by multiple sclerosis. The Chapter is governed by a dedicated volunteer Board of Trustees who provide leadership and who work in partnership with a committed professional staff to carry out the important work of the Society.

the movement

We Support Research

Chapter donors have seen their contributions launch scientific progress since the mid-1980s, when neurologists had no therapeutic options, to the present, where a range of promising therapeutic options have become available to people with multiple sclerosis. We support scientific research aimed at developing new treatments, stopping the progression, reversing neurological damage, and finding a cure for MS.

We Affiliate with MS Clinical Centers

Chapter members are familiar with the caring eyes and optimism of the many highly-skilled physicians and other health professionals treating people who have multiple sclerosis. We promote access to comprehensive medical care and we know these care providers are making a difference. We support one another to make progress in the fight against MS. We count on them to end the effects of MS now. They count on us to spread awareness and raise funds to support their work.

We Educate, Support, and Advocate for Those with MS

The Chapter is a reflection of the families who have been touched by MS. We meet them at educational programs and fundraising events. We see them at MS clinical centers. We talk to them over the phone, minutes after their diagnosis and throughout their lives. We honor the promise of the National MS Society to provide these families with help for today and hope for tomorrow.

Chapter Programs and Services

We address the challenges of each person with MS.

The Central New England Chapter continued to extend its capacity in delivering MS education, support, advocacy, and services to people in all regions of Massachusetts and New Hampshire. The Chapter spent over $4 million to provide the highest quality programs. More than 3,668 people with MS, their families, friends, and health professionals attended 92 community-based programs. An additional 472 people benefited from direct services such as financial assistance and care management, and 2,551 individuals contacted us for information about MS and referrals to community resources. The Central New England Chapter stands among the leaders in the National MS Society and in the Massachusetts disability community in setting the standard for serving people with MS and related disabilities.

Chapter programs

- Advocacy
- Ask the Experts Online
- Counseling
- Dora Lipcon Lending Library
- Education Programs
- Emotional Support
- Employment Support
- Equipment and Special Needs
- Exchange Point for Young Adults
- Financial Assistance
- Home LINKS Care Coordination
- Information and Resources
- Keep S'myelin Kids Newsletter
- Kids Get MS Too
- Knowledge is Power
- Legal Referrals
- MS Care Centers
- MS Learn Online
- MS REACH
- Newly Diagnosed Programs
- Peer Support
- Physical Wellness
- Professional Education
- Public Policy
- Quarterly MSConnection
- Self-Help Groups
- Student Scholarships
- Teen InsideMS
- Vacation, Social and Recreation Programs

Join the Movement & Move Others — Chapter Conference and Annual Meeting and Stanley F. Waterman Research Lecture

Chapter members, trustees, and staff attended the 2009 Annual Meeting and Stanley F. Waterman Research Lecture on October 24 in Framingham, Mass. The guest research lecturer was Dr. Amit Bar-Or, Associate Professor and practicing neurologist and neuroimmunologist at the Montreal Neurological Institute, and Associate in Microbiology and Immunology at McGill Univ., Montreal, Canada. His lecture, titled "To B or not to B: Understanding the Relevance of B and T Cells in MS," was a remarkable overview of the complex issues facing MS researchers, and novel new research perspectives leading to even greater progress.

Young Adults with MS

The four main initiatives of the Young Adults with MS program are: Exchange Point social events, MSWorld College Kids Chat, Young Adult Council, and Young Adult Webpage. In FY09, the Chapter engaged over 200 young adults and their family members throughout Mass. and N.H. The Young Adult Council continues to develop ideas for future Exchange Points, and to update web content specific to young adults with MS. The webpage receives about 100-120 visits each month.

MS REACH

Staff and volunteers continue to REACH out to rural and under served communities with *Resources, Education, Awareness, Community and Health*. This year Berkshire County and Essex County, Mass. and Cheshire County, NH were targeted. We continue to identify community resources, new partnerships, new members and volunteers. In 2009, volunteers in Berkshire County implemented two education programs using *Programs in a Box,* and helped identify and connect with new community resources.

In Topsfield, Mass. chapter members held a 'Town Hall Meeting' to discuss two questions: "What do you need?" and "Who do you know?" The purpose is to identify the needs of local individuals with MS and community partners who can help address their issues. Follow up outreach activities are scheduled for FY10. In Cheshire County, two community volunteers collaborated on a Family Issues program in Keene, NH. A Town Hall Meeting and education program was implemented for adults, and fun, educational activities were implemented for kids from ages 5 to11 years.

Scholarships

Twenty-three college scholarships funded by the Central New England Chapter were awarded to students in Mass. and N.H. Among them were three students who have MS, including Ian Finn of Lowell, Mass., who was selected for a special "Top Scholar" award and received $6,000 over two years. Other awards ranged from $1,000 to $3,000 for one year. Ian and his Lowell High School rowing team participated in the 2007 Bike & Hike the Berkshires. He was diagnosed with MS in 2006, and has a 3.47 GPA. For a list of 2009 scholars, visit MSnewengland.org

MS Week in Jackson Village

MS Week in Jackson Village continued to be a huge hit with attendees and the community of Jackson NH. A volunteer committee of ten planned and implemented the 2009 program with staff. Nine Inns hosted over 190 people with MS and their guests, plus guest speakers and staff from other New England chapters.

Kids Get MS Too

Our partnership with the MassGeneral Hospital for Children Multiple Sclerosis Center continued to focus on supporting families with a child with MS. In 2009 there were five programs for families that provided education, recreation, and networking for kids and parents: Let's Have Fun in New England (Old Sturbridge Village), Tubing at Nashoba Valley, Bowl the Day Away, Walk on the Wild Side at Franklin Park Zoo, and Summer Fun at Kimball Farms. We also marketed the national teleconference programs: "Making the Transition from High School to College" to our families and area neurologists. We formed a Kids Get MS Too Planning and Outreach Council composed of parents, kids, teens, and Chapter staff. This group is responsible for planning and helping to implement FY10 programs, and advising on outreach and other Pediatric MS activities. The response to Kids Get MS Too programs continues to be nothing but positive.

Volunteer Engagement

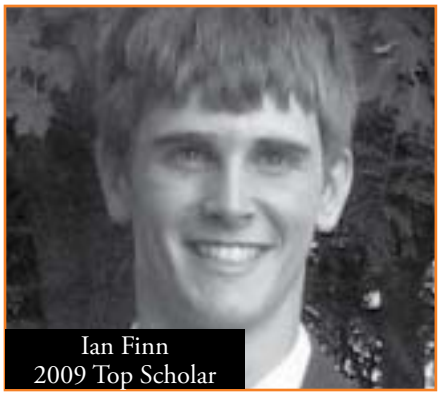
Identifying and engaging new volunteers helped increase our capacity in mission delivery. Key leadership volunteers plan and implement community programs through Regional Program Councils, the Newly Diagnosed council, Kids Get MS Too Council, and several other specific groups. We ended the year with a roster of 79 volunteers.

Train the Trainer: Interactive Workshop for Physical Wellness Providers

The Chapter enlarged its ability to assist members who want to explore options for physical wellness. In 2009, we trained 75 providers in a mix of Yoga, Tai Chi, Personal Trainers, and Aquatics at six trainings. The training provided information about MS, pointers for accommodations for individuals with MS, and practical application in each discipline with volunteers who have MS.

Professional Education

Medical student clinical fellowship. The Chapter again offered two medical students, who completed their first year of medical school, a four-week long clinical fellowship during the summer. The fellowships provide the opportunity to observe


Ian Finn
2009 Top Scholar

several out-patient comprehensive MS care models at six of the Chapter's affiliated MS centers. The two fellows were Jakub Pach, who completed his first year UMass Medical School, and Alexander Kobzik, who completed his first year at Tufts University Medical School. The Medical Student Summer Clinical Fellowship in MS generates interest in neurology with a focus on the clinical care of people with MS. Students gain exposure to the diagnosis and comprehensive treatment of patients with MS in an out-patient setting. Our clinical volunteers designed and implemented this program, which helps spark interest in the clinical care of people with MS, and engages our affiliated MS Centers in a new and different way.

The 2009 Neurologist's Guide to the Diagnosis and Treatment of multiple sclerosis. This first-time conference achieved its primary goal of educating 50 current neurology residents and newly practicing neurologists about caring for MS patients. Participants came from neurology training programs throughout New England and the Mid-Atlantic region. Concentrated training in MS during a physician's specialty training years can stimulate future MS specialists.

Post-Graduate MS Clinical Fellow Program. This fellowship provides physicians who have completed a neurology residency a one-year post-residency training in specialized MS clinical care. The 12-month program for board eligible/certified neurologists provides the opportunity to perform new patient consultations and follow-up evaluations under the supervision of an MS specialist physician. Fellows participate in multidisciplinary team activities, lectures, and professional meetings to acquire the skills and knowledge to provide the highest quality of care for individuals with MS. The Chapter funded Biljana Beretich, MD, MPH under the mentorship of Peter Riskind, MD, Ph.G. at the UMass Memorial Medical Center in Worcester. Dr. Beretich is now in private practice in Portland, Maine, where she is seeing the majority of MS patients in a practice with several neurologists.

Central New England Regional MS Center Collaborative. The Central NE Regional MS Center Collaborative held three meetings in FY09. The group is comprised of nurses, rehabilitation therapists, and social workers who work at an area MS Clinical Center. The topics addressed are areas that every specialist in a comprehensive care model needs to understand in order to provide quality care. The topics presented were: Cognition in MS, Challenging Families, Creative Solutions: Helping families solve the problems created by multiple sclerosis, and Understanding MassHealth and Social Security.

MS Green House®

Construction on the new Leonard Florence Center for Living (LFCL) in Chelsea, Mass. is on target for a February 2010 opening. This first in the nation urban Green House® model of long term care will have one section, the Sonya Slifka MS Residence, designed specifically for individuals with advanced MS. The Chapter is working closely with our community partner, the Chelsea Jewish Foundation, to conduct interviews with potential candidates for the 10 private rooms.

B.Fit! : A Wellness Program for People With MS

The chapter remains a supporting partner with The Boston Home, Inc, in Dorchester, MA in this unique outpatient wellness program for individuals with advanced MS who are living at home. Operating 3 days a week, the program has reached near capacity and is serving 22 individuals.

Research

We are moving research forward by relentlessly pursuing prevention, treatment and cure.

The National Multiple Sclerosis Society is the largest private sponsor of MS research in the world.

There was exciting research progress in 2009 with unprecedented opportunities on the horizon and more scientists than ever working on important questions. While the economic environment resulted in an unfortunate slowing of funding, creating gaps in planned expenditures to support MS research, we are hopeful this impact will be of short duration. Despite these challenges, the National MS Society continues to propel research forward and move us closer to a world free of MS.

In 2009 the Society provided over $33.5 million to support 345 new and ongoing projects across the country, plus $1.5 million for Fast Forward, our drug development subsidiary which continues to attract new funding streams. In addition, thanks to the efforts of our MS activists, $5 million has been specifically set aside for funding MS research out of the 2009 Department of Defense budget. Focusing on speed of discovery, collaboration of research teams, and fueling novel ideas that hold promise, the Society funds a spectrum of initiatives to move us closer to a cure.

And we ARE making progress:

- There are more potential therapies in the pipeline for MS than at any other time in history.
- We funded basic and clinical research that helped lead to the development of each of the six approved disease-modifying drugs for MS.
- We funded a major collaborative initiative that led to breakthroughs in identifying gene variations that contribute to MS susceptibility.
- We have trained or funded many of the leading MS researchers making breakthroughs today.
- Right now, our researchers are developing and testing novel experimental treatments and tissue repair strategies that may soon be in use for MS.

National MS Society research dollars at work in Mass. and N.H.

Currently, research restricted dollars are funding 45 National MS Society research projects and fellowships currently active in Massachusetts and New Hampshire with a total multi-year funding commitment of $24,073,992. These projects are generating knowledge and new hope for stopping disease activity, repairing the nervous system, and preventing multiple sclerosis forever.

During fiscal year 2009, there were 6 new research awards in Massachusetts and New Hampshire

Health Care Delivery Policy projects and contracts,	
3 Research Grants	**$3,045,786**
4 Post Doctoral Fellowship*	**$600,668**
1 Health Care Delivery/Policy Contract	**$297.016**
▶ Total	**$3,943,470**

We are activists. We advocate on behalf of people with MS and represent their interests in the private and public sectors.

Advocacy

Activism changes lives. MS activists drive public policy by making their voices heard and sharing their stories with public officials. In Massachusetts and New Hampshire, volunteers help define priorities, and engage in legislative, regulatory and private sector advocacy. MS Awareness Week in March afforded us a unique opportunity to educate lawmakers about the disease and its impact on their constituents.

Despite the tough economic downturn facing state government, our continued success has resulted from a strong grass-roots network known as the Action Alert Network and partnerships with health and disability organizations. The chapter has supported a national goal of increasing the number of registered chapter MS activists and now has more than 4,400 individuals in Massachusetts and New Hampshire who are participating in our Action Alert program. The Chapter is also proud of the role that MS activists are playing beyond the Chapter through their appointments to local disability commissions, advisory boards, work groups and councils. Chapter volunteer Ginny Morse was named to the National MS Society Volunteer Hall of Fame for her overall outstanding efforts in public policy advocacy in recent years.

We join forces with the National MS Society Public Policy Office in Washington D.C. to advance federal priorities as well. Arlyn White, our chapter president, serves as a member of the National MS Activist Council created to shape the federal policy agenda. In March the Chapter delegation attended the Society's 18th Annual Public Policy Conference in Washington D.C. to advocate for Comprehensive Health Care Reform, the National MS and Parkinson Disease Registry Act, and increased MS Research Funding through the Congressionally Directed Medical Research Program (CDMRP).

New Hampshire Highlights

The government relations committee (GRC) secured sponsorship and worked to ensure passage of a bill to study the issue of the fraudulent use of plates and placards for accessible parking. Chapter leadership and individuals with MS proudly gathered with Governor John Lynch to recognize him as the 2008 NMSS "Governor of the Year" with a proclamation from the National Board of Directors. We partnered for the first time with the American Cancer Society to successfully stave off elimination of the NH Catastrophic Illness Fund program through which low income individuals with MS are eligible for assistance with certain medical out-of pocket expenses. We have collaborated with the Commissioner of Safety, The Department of Motor Vehicles, the Governor's Commission on Disability, local parking enforcement and other groups to continue to advance public awareness of the parking laws and the rights of individuals with walking disabilities, including "Accessible Parking Awareness month" activities. In June, Community

We are moving politicians and legislation to champion the needs of people with MS through activism, advocacy and influence.

Accessibility: Progress and Challenges the first NH policy forum was held in Concord with an expert panel consisting of lawmakers and disability advocates. Our fiscal year concluded with a victory that changed the state building code to require power door openers in most new public buildings and in buildings undergoing renovations that require adherence to the building code. This new regulation takes effect April 1, 2010.

(l-r) Sheila Lavenson, Robert Burke, Gary Lavenson, Senator Bruce Tarr

Massachusetts Highlights

MS activists marked the ten year anniversary of state funding for MS by fighting for and securing $ 162,368 in the FY10 budget for the Chapter's Home LINKS care coordination program. This amount was reduced to $112,000 by the governor's emergency 9c cuts in the fall, despite the state's failure to launch the Community First program which would have provided comprehensive home and community based services for younger adults

The Chapter, in conjunction with the Adult Onset Disability Alliance (AODA), continued to focus on the need for home and community supports under the principle of the Olmstead decision. We filed legislation for a spousal waiver of income for Medicaid eligibility and a proclamation urging Congress to end the two year wait for Medicare. The report "Study of the Unmet Needs of Adults with Disabilities in Massachusetts" was officially launched and became a focal point to create awareness of common issues among policy makers. The GRC is also focusing on disability property taxes, improved sidewalk accessibility, accessible medical equipment and extending the jurisdiction of the state Architectural Access Board.

On April 15, 200 activists including individuals with MS, family members, legislators and staff, disability advocates, state personnel and health care professionals gathered for the 7th annual "MS Action Day on Beacon Hill" event. The event coincided with "MS Week in the Commonwealth" as declared by the legislature and Governor. The event served as an advocacy junket for other chapters seeking to host state house events.

move it.

Development

Highly motivated and dedicated staff, volunteers, and donors generate substantial financial resources to be used in the fight against MS.

The Chapter organized and implemented a wide range of successful fund raising activities to generate $9.9 million. Large-scale events such as Walk MS, Bike MS, and MS Challenge Walk were complemented by Marathon Strides Against MS, Women Against MS Fashion Plates Luncheon, Link Up for MS Golf Tournament, MileStones Gala, Wine & Dine for MS, Savor the Flavors, and the MS Auto Rally. Additional events included MS Night at POPS, MS Invitational Golf Tournament, Boston Volvo 5k Road Race, and Falmouth Road Race.

Bike MS $2.84 million

The 2009 Bike MS season included five rides with more than 3,000 riders, representing a 4.5% increase in attendance compared to 2008. Our destination events showcased the diversity and beauty of New England with rides on the island of Martha's Vineyard, Cape Cod, New Hampshire, the Berkshires and the historical area west of Boston. Our largest ride, the two-day, 150 mile Cape Cod Getaway triumphed in a difficult economy and surpassed last year's achievement bringing in $2.1million. The Bike MS rides of the Central New England Chapter are made special because of the combination of riders and volunteers that make their ride their own.

Walk MS $2 million

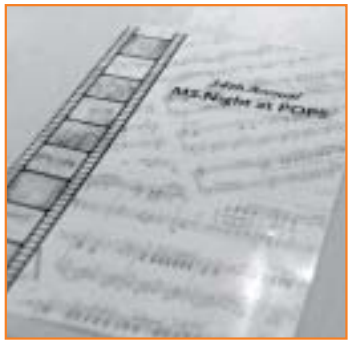
Over 9,000 people participated in Walk MS, sponsored by MS Lifelines, in 25 locations around Massachusetts and New Hampshire throughout April, May, and September. Walk MS is not only an important fund raiser, but also a powerful awareness building opportunity for the Central New England Chapter and source of emotional support for our clients.

MS Challenge Walk $1 million

The eighth annual MS Challenge Walk brought together an incredible group of over 450 walkers to journey 50 miles in three days on Cape Cod. Over 250 three-day crew and one-day volunteers supported this effort. Highlights from the weekend included an emotional candlelight ceremony that bonded walkers, crew, and volunteers; dramatic weather throughout the weekend; and an exuberant finish in Hyannis.

Marathon Strides Against MS $346,000

On Patriot's Day 2009, 62 runners united to tackle two challenges: running the historic Boston Marathon and raising funds for the National Multiple Sclerosis Society. The Marathon Strides Against MS team included 50 Invitational numbers provided by the B.A.A. and 12 runners that either qualified to run Boston or obtained their numbers from other sources. Each runner is required to raise a minimum of $3,000, the highest minimum of the chapter's events. Eli Lipcon was again the team's highest fundraiser, raising more than $39,000.



Savor the Flavors $27,000

In its second year, Savor the Flavors celebrated great success with 300 guests, restaurants, artists, musical ensembles, an amazing raffle and silent auction, all to benefit people with MS. The event was held at the DCU Center in downtown Worcester.

MileStones $189,000

MileStones 2009 was an evening of celebration as we honored Gil and Roberta Santos. Gino Cappelletti was the emcee and the evening's entertainment was "Tales from the Booth" as Gino and Gil shared their most memorable moments. MileStones was held on March 25 at the Seaport Hotel in Boston.

MS Night at Pops $63,000

On May 28, the 34th annual MS Night at the Pops was held at Symphony Hall in Boston. Over 600 guests enjoyed an evening featuring music from MGM Studios musicals such as *Singin' in the Rain*, *Funny Face* and *Seven Brides for Seven Brothers*. Each year, the Symphony Circle revenues subsidized over 350 tickets for individuals that have multiple sclerosis affording them the opportunity to attend this concert.

Link Up for MS $45,000

The sixth annual Link Up for MS Golf Tournament was once again a fabulous day of golf at the Ipswich Country Club.

Fashion Plates: Fashion Show and Luncheon $33,800

The Seaport Hotel in Boston was the presenting sponsor of Fashion Plates, a fashion show and luncheon, that was held on November 14. Lord and Taylor hosted the fashion show featuring the clothing of Jones Apparel Group. The theme was "Real Women, Real Stories." This featured stories of women who are impacted by the disease and how they overcome the challenges it presents to them.

Wine & Dine for MS $106,000

The third annual Wine & Dine for MS event was once again held a the Boston Harbor Hotels. Guest were treated to a champagne reception with live jazz followed by a four course meal provided by the highly regarded Chef Daniel Bruce. Our own Board of Trustees member Cathy MacPherson hosted the live auction featuring wine, trips and other food-related items.

Boston Volvo 5k Road Race $39,300

The National MS Society was honored as the charity of choice for the 11th annual Boston Volvo 5k Road Race. The race brought over 800 people from around the city, state and country on thanksgiving morning to raise money and awareness for MS. Ray Ciccolo, owner of Boston Volvo Village, not only hosted and sponsored the event he also ran along with everyone. The event was emceed by our very own board member, Anthony Everett.

MS Auto Rally $25,700

The first annual MS Auto Rally was a fun day that raised over $25,000 and involved over 30 participants. Teams in automobiles engaged in a game of strategy and creativity as they had to follow a beautiful route, answer questions and find items in a scavenger hunt for points. The day was capped off by a BBQ luncheon and performance by David Moultrup's band.

community fundraising

Many ambitious members organize private fundraising events to benefit the Chapter. These events engage family, neighbors, and professional colleagues in supporting our mission. Thank you to the community fundraisers:

- Ms. Tina Abrams
- Anime Boston
- Mrs. Judith Bartnicki
- Mrs. Chris Basiliere
- Mrs. Helen Beauregard
- Mr. Mike Covel
- Dennison Lubricants
- Diversified Project Management
- Mr. Quintin Donahue
- Mr. Robert Keeley
- Needham Exchange Club
- Mr. Bobby O'Brien
- Ms. Donna Delisle Mitchell
- Ms. Stephanie Perham
- Phoenix Electrical Contractors, Inc.
- Polish American Citizens Club of South Hadley
- The Publick House
- Mr. Salvatore Salamone
- Mrs. Diana L. Towle

Total Raised $200,000

Volunteers

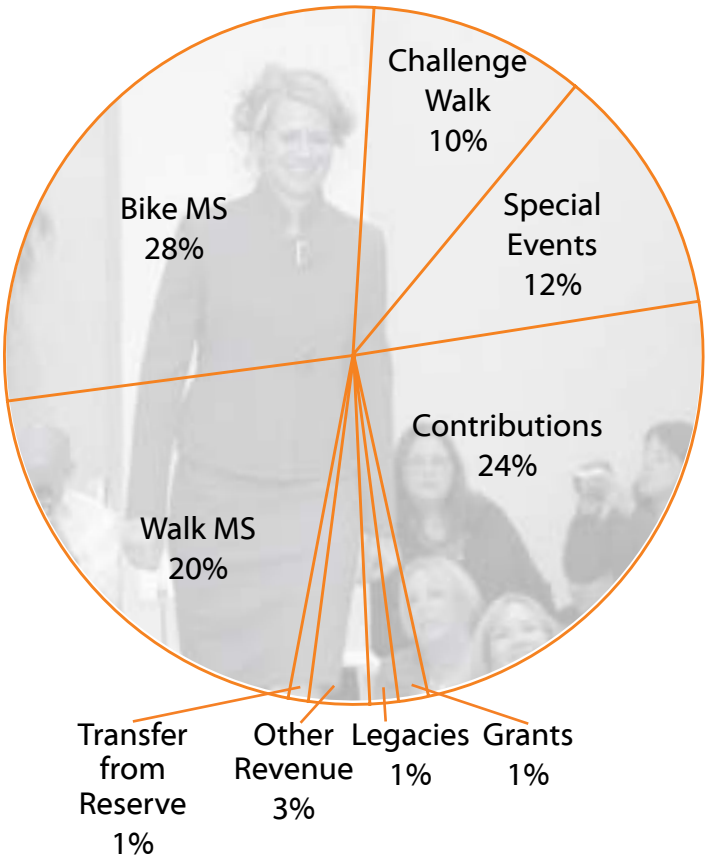
We mobilize the talents and resources of people who want to do something about MS.

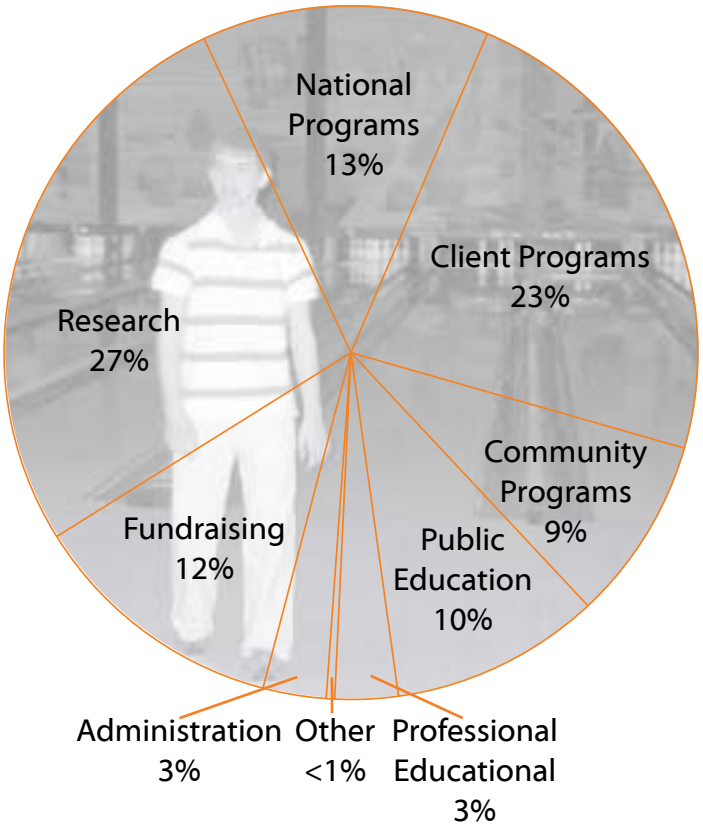
A strong, dedicated, passionate force of volunteers make Central New England Chapter programs and fund raising events successful. The experience and expertise of many individuals allows the Chapter to provide people with MS the support they need for today, and brings the Society closer to fulfilling our mission. In addition to support for large-scale fund raising events, the Chapter collaborated with skilled volunteers including medical professionals and communications professionals. This year, we had many volunteers who partnered with our staff in Direct Services, Data Entry, Committees, and more. Their special skills and experience helped make a big difference in completing many projects.

In 2009, the Chapter filled 3,420 volunteer positions in Massachusetts and New Hampshire. Over 1,700 volunteers participated in the 23 one-day Walk MS events. At the MS Challenge Walk, 250 three-day crew and one-day volunteers helped support over 450 registered walkers in the three-day, 50-mile walk on Cape Cod. Another 850 volunteers made our four Bike MS rides run smoothly. During 2009, these incredible volunteers donated over 35,000 hours to our Chapter. Volunteering allows many people to join the movement to create a world free of MS.

Chapter Financials

Eighty-five percent of monies raised directly supported the Society's mission.





revenue

Walk MS	**$2,007,616**
Bike MS	**$2,837,958**
MS Challenge Walk	**$1,000,163**
Special Events	**$1,192,605**
Contributions	**$2,407,339**
Government Grants	**$142,151**
Legacies	**$124,742**
Other Revenue	**$297,657**
▶ **Total Revenue**	**$10,010,231**
Less Benefit to Donor	-$1,049,381
Transfer from Reserve	$77,659
Net Total Revenue	$9,038,509

expenses

Research	**$2,430,870**
National Programs	**$1,208,124**
Client Programs (MA & NH)	**$2,096,116**
Community Programs	**$773,992**
Public Education	**$867,579**
Professional Education & Training	**$290,454**
Other Expenses	**$19,137**
Fundraising	**$1,083,594**
Administration	**$268,643**
▶ **Total Expenses**	**$9,038,509**
	Net of Benefit to Donor

Complete, audited financial statements are available on request.

Donors

We are grateful to all of our friends who support the Central New England Chapter of the National Multiple Sclerosis Society through their energies, talents and gifts. This list represents those who have made individual contributions of $1,000 or more to our Annual Fund, our fundraising events or in honor or memory of another. Again, thank you for this significant outpouring of assistance - we could not continue to move forward without your participation!

Discovery Circle

premier $25,000+

- Mr. Richard Slifka
- Mrs. Barbara R. Palmer
- Donald C. McGraw Foundation
- Yawkey Foundation
- Community Health Charities of New England
- Mr. Alfred A. Slifka
- Ms. Claudia Goldin
- MetroWest Community Health Care Foundation
- Massachusetts Department of Public Health
- Yawkey Foundation
- Black Rock Foundation

visionary $10,000 - $24,999

- Mr. Peter Galligan
- Medical Information Technology
- Mr. Arthur J. Collias
- Mr. Joseph F. Hearn & Ms. Jan Brett
- IBM Employee Services Center
- Mr. Eli A. Rubenstein
- Backoffice Associates
- FHO Partners
- Marjorie W. Sloper Charitable Foundation
- Anonymous
- Mr. Douglas Bryant
- Mr. Louis M. Caputo
- Mrs. Martha Grimaldi
- Barbara Epstein Foundation
- Brell Fund of The Bank of America
- Ms. Ardelle B. Gilman
- Camp Burt Tetlow Foundation

leader $5,000 - $9,999

- Westford Rotary Charitable Endowment, Inc.
- Mrs. Kimberly A. Pradko
- Mr. Eli Lipcon
- Ms. Christine Carberry
- Nehemias Gorin Foundation
- Richard & Jean Harrington
- Mrs. Joanne Delsole
- Metrowest Community Health Care Foundation
- Mr. Paul Van Houten
- Ms. Cassie Burke
- Mr. Stephen L. Kaufer
- Mr. Shawn D. Martin
- Ms. Denise M. Simoneau
- Mr. Ron Schram
- Mrs. Helaine Goldenberg
- Mr. Daniel Rattner
- Dawson Family Fund
- First Baptist Church in Woburn
- Fraser Family Foundation, Inc.
- The Nelson Family Foundation
- Wal-Mart
- Mr. Izhar Armony
- Mr. Dan Browne
- Mr. Gary Carlston
- Mr. Clark Chandler
- Mr. Edward V. DeNoble
- Mr. Ihab J. Massoud
- Mrs. Michele Mittelman
- Mr. Maurice Samuels
- Sanofi-Aventis
- Ms. Terrie Tadsen
- Springwell Area Office on Aging, Watertown, MA

champion $2,500 - $4,900

- Ms. Teresa Tamasco

- Community Health Charities of Massachusetts
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The Central New England Chapter of the National Multiple Sclerosis Society is fortunate to have donors who support our programs by including us in their estate plans. These friends are members of the **Lawry Society**, named for the founders of the NMSS, Sylvia Lawry and her brother Bernard Lawry. The following is a list of those individuals whose estate gifts provided for our mission-driven activities.

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If you would like more information about making a planned gift or becoming a member of the Lawry Society, please contact Jonathan Nierman at 781-693-5150.

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