Dr. Karen Blitz-Shabbir

Dr. Blitz-Shabbir received her medical degree from the NY College of Osteopathic Medicine. Following residency in Neurology she did a fellowship in Neurologic Rehabilitation/ Multiple Sclerosis with Dr. Joseph Herbert at the Hospital for Joint Diseases/NYU. She began working as the director of Neurorehabilitation at North Shore University Hospital in 1995 and shortly after that established the North Shore MS Care Center. The center specializes in treatment and management of patients with MS with a special focus on rehabilitation and optimizing quality of life. Dr. Blitz-Shabbir is board certified in neurology with a special certification in Neurologic Rehabilitation. Her special interest in rehabilitation stems from her training as a Physical Therapist. She is a board examiner for the American Academy of Neurology. Dr. Blitz-Shabbir lectures extensively in the area of MS and Neurorehabilitation.

CURRICULUM VITAE

KAREN BLITZ-SHABBIR

Business: 801 Merrick Avenue
East Meadow, NY
Phone: 516-393-8936

Citizenship: United States
Business Fax: 516-393-8981

Undergraduate
1980

Bachelor of Science in Physical Therapy
Valedictorian of School of Allied Health Professions
State University of New York
Stony Brook, New York

Graduate Education
May 1989

Doctor of Osteopathic Medicine
New York College of Osteopathic Medicine
Old Westbury, New York

Post Graduate Training

July 1993 – June 1994

Fellow: Neurorehabilitation
Hospital for Joint Diseases/NYU Medical Center

July 1992 – June 1993

Chief Resident: Neurology
Nassau County Medical Center
East Meadow, New York

July 1990 – June 1992	**Resident Neurology** Nassau County Medical Center East Meadow, New York
July 1989 – June 1990	**Intern: Internal Medicine** Winthrop University Hospital Mineola, New York

Academic Appointment: New York University
Assistant Professor of Neurology

Professional Experience
(Physician)

July 1998 – Present	**Director, M.S. Care Center** North Shore/LIJ Hospital System at STARS East Meadow, New York
February 1995 – Present	**Director of Neurorehabilitation Unit** North Shore University Hospital at Glen Cove Glen cove, New York
February 1995 – Present	**Neurology Attending** Nassau County Medical Center East Meadow, New York
July 1994 – February 1995	**M.S. Care Center, Neurology Attending** Hospital for Joint Diseases/NYU Medical Center

Professional Experience:
(Physical Therapy)

1983 – 1985	**Chief Physical Therapist** Tecler Diagnostic Center Amsterdam, New York
1983 – 1984	**Staff Physician Therapist** University Hospital Stony Brook, New York
1982 – 1983	**Acting Director of Physical Therapy** Kibbutz Ein Shemer Israel
1980 – 1982	**Staff Physical therapist** Helen Hayes Rehabilitation Hospital West Haverstraw, New York

Board Certification

Diplomate, American Board of Psychiatry and Neurology
(Neurology) Since 1996
Certified Member, American Society of Neurorehabilitation

Licensure

Medicine and Surgery License No. 190749
Physical Therapy License No. 006875

Hospital Appointments

1995 – Present

Director of Neurorehabilitation
North Shore University Hospital at Glen Cove
Glen Cove, NY

Director, North Shore Ms Care Center
801 Merrick Avenue
East Meadow, NY

Attending in Neurology
Nassau University Medical Center
East Meadow, NY

Committee Assignments

Environmental and Infection Control Committee, Glen Cove
Physician Advisory Committee, National Multiple Sclerosis Society

Memberships:

NY State Consortium of MS Centers
American Academy of Neurology
American Society of Neurorehabilitation

Honors:

American Board of Psychiatry and Neurology, Examiner, 2002-present
Member of the Clinical Advisory Committee, Long Island Chapter, NMSS
New York Magazine 2000, "Best Doctors in New York"
Honored for outstanding contribution in Multiple Sclerosis By National MS Society, "Gala Ball 2000"
Community Leader Class of 1997, National Multiple Sclerosis Society
Janet M. Glasgow Memorial Achievement Citation
American Medical Women's Association

Lectures:

Paradigm Shifts in MS: Moderator 2000
MS Wellness, Women's Issues NMSS 2000
Treatment Issues in MS, Patient Update 2000
Faculty Resource Physician, Biogen 2001-present
Grand Rounds, North Shore Hospital 2000-present
Patient programs for MS patients 2000-present

Publications

Cianciulli C, Krupp L, Belman A Preston T, Morgan T, Mattis P, Blitz K, Wilson B, Novak G: Neuropsychological profile of Children with multiple sclerosis: a pilot study to define areas Of impairment and plan cognitive rehabilitation. ANN Neur (suppl) 2001:75