Resources for the Newly Unemployed

Topic	Websites	Additional Info
Questions to ask your employer/ general things to consider	Questions to Ask After Layoff Recently Unemployed Information Handling a Job Loss The-Layoff-Survival-Kit	Articles and websites with information regarding next steps
Health Coverage/COBRA	NY State Insurance Information	NY State Insurance Information
	COBRA Information for NY State	COBRA info For NY State 36 months
	General COBRA Information	General COBRA info
	HIPPA Information and the 63 Day Rule	HIPAA 63-day credible coverage info
	NMSS Insurance and Money Matters	NMSS Insurance Info
	Resources for the Uninsured and Underinsured	State specific Guides to find Health Ins.
	Preexisting Condition Plan	Preexisting Condition Plan
Collecting Unemployment/ Disability	Unemployment Frequently Asked Questions	
	Filing an Unemployment Claim Online	
	NY State Short Term Disability	
Medication Assistance Programs	Financial Assistance For MS Medications	Comprehensive article with numerous resources
	Shared Solutions	Copaxone
	Affording Betaseron	Betaseron
	Avonex Financial and Insurance Assistance	Avonex
	Tysabri Active Access	Tysabri
	Rebif Affordable Access	Rebif
	Gilenya Patient Assistance	Gilenya
	Ampyra Financial Assistance	Ampyra
	National Organization for Rare Disorders Patient Assistance Program	Assists with Medication/co-pays and possible COBRA payments
Financial Assistance	Modest Needs	Short Term Modest Financial Assistance
Job Training	Department of Labor Career Services	NY State Dept of Labor Career Services Information
	ACCES-VR	NY State Disability Vocational Assistance
	Department of Labor Apprenticeship Programs	Department of Labor Apprenticeship Programs
	Grace Institute	NYC Clerical Job Training For Women
	Streetwise Partners	Job Preparation Program
	Westchester Community College Workforce Development Career Training	Training for mature adults who are looking for work, switching fields or getting back into the job market.
Gov't Hiring Programs for Persons w/	Federal Employment of People with Disabilities	Federal Government hiring program for individuals with disabilities

Disabilities	ABC's of Schedule A	How to apply to a federal job under schedule A.
	NY State 55 B Program	New York State hiring program for individuals with disabilities
	NY City 55 A Program	New York City hiring program for individuals with disabilities
	Employment for Individuals with Disabilities Information	Employment and Disability Information
Disability Job Boards & Tools	EARN Works	Employer Assistance and Recruiting Network (EARN)
	National Business and Disability Council Ability Jobs disABLED Person Disaboom Jobs Getting Hired Hire Disability Solutions One More Way USA Jobs Equal Opportunity Publications Bender Consulting The Sierra Group	Websites and employment agencies for individuals with disabilities
CraigsList and Job Boards	Craigs List NY	
	Beyond.com	
	Indeed	
	Simply Hired	
	Idealist	Non-profits
Temp Agencies for Individuals with Disabilities	Good Temps Diversity Services	NYC and Westchester
One-Stop Career Centers	Service Locator, 1-877-US2-JOBS (1-877-872-5627)	Search by zip code for closest locations
Career Advice/Information	Wetfeet	Career Advice and Guides
	O*NET	Tool for career exploration and job analysis
	The Riley Guide	A directory of employment and career information sources and services
	Career Zone NY	An internet based career exploration and planning system
	Resume Help Resume Tips Where Does Your Resume Go When You Apply Online Prepare Your Resume for Email and Online Posting	
	Talking About Your Disability in a Job Interview Monster Interview Tools Ace the Interview The ABCs of Interviewing	

Please go to the Job Seekers web page under Employment on our website (Insert Link here) for additional job search websites tools and advice.