volunteerMS

e-newsletter

Volunteers needed for the following:

- **Office assistants – Albany, Binghamton, Rochester, and Buffalo.** Are you willing to help in the office on an as-needed basis? Click here to find out more.

- **DIY Fundraising** – Create your own volunteer experience in your neighborhood. Rally the help of friends, neighbors and co-workers to find creative ways to raise awareness and critical funds for MS research, programs and services. Click here to learn more about DIY Fundraising.

- **Become a Friendly Visitor.** The Friendly Visitor program provides companionship and emotional support to nursing home residents and individuals isolated in their home due to the effects of multiple sclerosis. Click here to learn more about volunteering as a Friendly Visitor.

- **Attention students: Internship Opportunities are available for the spring semester in Buffalo, Rochester, Binghamton and Albany** – Click here to learn more.

Special Edition

We have several volunteer opportunities that we would like to share before the next, regular edition of the volunteer e-newsletter. Please check out some of the opportunities in your area!

Join a task force!

We are looking for leaders in the MS movement who want to be part of an active volunteer team.

- Do you have strong community connections?
- Would you like to make an impact by using your skills in publicity, event planning, and more?

Join a task force committed to the success of a local event! Choose from the following:

Buffalo will have two new events – a **Walleye Fishing Tournament** in June 2013, and **Spellbound** in August 2013. Join the planning team for either of these events to engage community sponsorships and involvement.

Sodus will welcome the first "pARTy in the Garden" in June 2013. This dinner and cocktail event will take place at a private garden near Lake Ontario and will feature an art auction. Task force members will drive attendance and help publicize this event.

The Syracuse area will host a brand new event in 2014. Do you have unique ideas or event planning experience?

Walk MS task force members are needed in Albany, Saratoga Springs, Plattsburgh and Buffalo. Task force members will help recruit team participation and get the word out to local businesses and organizations.

Rochester's "On the Move Luncheon" needs task force members who are enthusiastic about engaging organizations and patrons to attend this event. The luncheon is in March 2013.

Bike MS: Finger Lakes Challenge is recruiting task force members to help with the logistics of event planning and marketing.

Chapter-wide we are recruiting task force members to be part of an MS Awareness team. This group of volunteers will brainstorm and implement various initiatives to raise awareness throughout our 50-county region.

Interested? Contact Ashley Greenman at Ashley.Greenman@nmss.org, or 1-800-344-4867.