



**National  
Multiple Sclerosis  
Society  
Ohio Buckeye  
Chapter**

**6155 Rockside Rd., Suite 202  
Independence , OH 44131  
[www.MSohiobuckeye.org](http://www.MSohiobuckeye.org)**

**1-800-344-4867**

**Fax: 330-434-9223**

**E-mail: [ohawebmaster@nmss.org](mailto:ohawebmaster@nmss.org)**

## **Project Cool Program Air Conditioner Request Form**

### **Why is cooling important to individuals with Multiple Sclerosis?**

Many people with MS experience a temporary worsening of their symptoms when the weather is very hot or humid. These temporary changes resulting from slight elevations in core body temperature are generally rapidly reversed when the body is properly cooled.

### **How do you cool the body?**

When hot, humid weather cannot be avoided, special cooling products can be used to provide relief for those with MS. Cooling products use differing methods and technologies to create a temporary cooling effect usually lasting between 2 to 4 hours. The most common cooling product is a vest that contains insulated pockets which hold small ice packs. MS clients who wear these vests often experience temporary cooling relief for 2 to 4 hours.

### **What is Project Cool?**

The Ohio Buckeye Chapter's Project Cool Program offers assistance to help people with multiple sclerosis in managing the effects of heat. We help to provide assistance with window air conditioners, cooling vests and other cooling products to those with a documented medical need.

### **How do I know what cooling products to select?**

As a first step, NMSS recommends that you talk with your neurologist about cooling and MS and which product(s) may best fit your needs. Cooling products aim to reduce your brain/spinal tissue temperature by up to one degree. This type of cooling is considered therapeutic for people whose MS symptoms have worsened with exposure to heat. *Cooling products should only be used with a Physician's prescription for usage and supervision.*

**\* Funding Limit: The Chapter can only provide assistance with **either** an Air Conditioner **or** a Cooling Vest within the same fiscal year (Oct 1st -Sept 30th).**

## NMSS Home Air Conditioner Unit Program

To receive assistance, you must complete steps 1,2,3, and 4, and return all required documents.

- Step 1** Complete a Financial Assistance Application (if not already on file)
- Step 2** Provide confirmation of your MS diagnosis (if you have not provided this to us previously)
- Step 3** Complete this Project Cool Program Request Form
- Step 4** Return these documents by mail, fax or email to:
- National MS Society, Ohio Buckeye Chapter**  
**6155 Rockside Rd., Suite 202**  
**Independence , OH 44131**  
**Fax: 330-434-9223**  
**Email: [ohawebmaster@nmss.org](mailto:ohawebmaster@nmss.org)**

### What additional documentation is needed prior to considering my request?

Your Name: \_\_\_\_\_

Question 1: Do you have any air conditioning now to help you to stay cool?  
\_\_No \_\_Yes (please explain) \_\_\_\_\_

Question 2: Check the response that best describes your housing situation?  
\_\_Rental\* \_\_Owner-Occupied

\*If "Rental": A written letter from your landlord needs to be provided to NMSS confirming permission for tenant to install a window air conditioning unit.

Question 3: Do you have someone who can assist you in installing a window air conditioning unit? \_\_Yes \_\_No If "Yes", who: \_\_\_\_\_.

Question 4: Would you, or someone you know be able to "pick up" a window air conditioning unit if purchased from the closest Lowe's home improvement store?  
\_\_\_\_Yes\_\_\_\_No

If "Yes", please name: \_\_\_\_\_

If "No"= delivery service will be arranged.

**\* We cannot provide both a cooling vest and an air conditioner-  
within the same fiscal year (Oct 1-Sept 30).**