

REQUIREMENTS TO VOLUNTEER:

Background checks are required of all participating volunteers for “What a Difference a Day Makes.”

The National Multiple Sclerosis Society, Central PA Chapter, pays for and processes these clearances.

Volunteers must be 16-years old or older to be part of the program.

Volunteers must sign waivers of liability and confidentiality agreements to participate.



**National
Multiple Sclerosis
Society**

Central Pennsylvania Chapter

For more information
to donate or volunteer, go to:
pac.nationalMSsociety.org
Click on the Service Day Button on
the bottom of the home page.

Contact Morgan Hughes,
Service Coordination Specialist
1-800-227-2108 or 717-652-2108
Morgan.Hughes@nmss.org

**NEED A
HELPING
HAND
AROUND THE
HOUSE—WE
ARE HERE TO
HELP!**



MS Service Day

**What a Difference
a day makes**



**“WHAT A
DIFFERENCE
A DAY MAKES”**

*Teams of volunteers engaged
to assist people with
multiple sclerosis and their families
in their homes on
Service Days*

WHAT IS MULTIPLE SCLEROSIS?

Multiple sclerosis (or MS) is a chronic, often disabling disease that attacks the central nervous system (CNS), which is made up of the brain, spinal cord, and optic nerves. Symptoms may be mild, such as numbness in the limbs, or severe, such as paralysis or loss of vision. The progress, severity, and specific symptoms of MS are unpredictable and vary from one person to another. Today, new treatments and advances in research are giving new hope to people affected by the disease.



PEOPLE WITH MS HAVE UNMET NEEDS IN THEIR HOMES

People living with MS need a helping hand around the house. A sample of the projects volunteers can assist with include:



- Yard work
- Small household repairs
- De-cluttering house or garage
- Painting
- Moving furniture
- Packing/Storing items in garage or attic
- Heavy cleaning
- Transporting donated items to thrift shops
- Handyman chores

WHAT YOU CAN DO TO HELP!

- **Donate your time and talents** and become a “What a Difference a Day Makes” volunteer!
- **Form a Service Team** through your faith-group, business, institution, agency or organization.
- **Donate resources** such as equipment, cleaning supplies, work gloves, shingles, power-washers, lawn mowers, rakes, tarps, wheel barrows, gift cards to area grocery or discount stores, etc.
- **Donate money** to expand the program to serve more people with MS and their families. The National Multiple Sclerosis Society, Central PA Chapter, serves over 6,300 people with MS in 30-counties.

