



CONNECTION

Year-end giving

Give to a cause you believe in while making your tax bite smaller by donating to the Society before December 31. [Click here for suggestions](#) to help make your gift a successful one. For more information, [visit us online](#) or call us at 1-800-548-4611.

Upcoming programs for you and your family

January 16: Employment Teleconference Series: Should I Work from Home or Start My Own Business?

This is the first in a series of six teleconferences focusing on employment and MS. Are you trying to decide if working from home or starting your own business is for you? Join us from the comfort of your own home to hear from two experts in both of these areas who will talk about what it takes to be a successful home-based employee or entrepreneur. [Click here for more details and to register.](#)

[Check back](#) for more upcoming programs in the New Year.

Emergency Preparedness

The recent hurricane demonstrated the importance of preparing in case of an emergency. Most states recommend that people with disabilities register with the Special Needs Registry to help emergency responders locate and safely evacuate people who could find it especially difficult in the event of a major disaster. For more information about how you or someone you know can register, visit the website for [New Jersey](#) or [Pennsylvania](#).

2012 Annual Meeting proceedings now available

The 2012 Annual Meeting took place at the Crowne Plaza Philadelphia-Cherry Hill on Tuesday, December 4. Around 500 members of the local MS community came together to celebrate the accomplishments of the past year and hear what's on the horizon. The chapter provided an update on how it is helping local people living with MS and honored the efforts of key volunteers in the MS movement.



Dr. Dina Jacobs delivered this year's research update, covering the latest news in MS treatment. Dr. Jacobs is an Assistant Professor of Neurology and Associate Director of the Multiple Sclerosis Center at the Hospital of the University of Pennsylvania, and Co-Chief of the Multiple Sclerosis Division at the University of Pennsylvania. [Click here to download her PowerPoint presentation \(PDF\)](#), or visit Podbean to [listen to or download the podcast](#).

In the news

Multiple sclerosis study uses nanoparticles to stop immune system from attacking

This article by Ryan Jaslow on CBSNews.com discusses a new study which shows that microscopic nanoparticles were able to "stealthily trick" the immune system to stop attacking nerves. [Click here to read the article.](#)

In other news...

>[National Multiple Sclerosis Society and Critical Path Institute Create the Multiple Sclerosis Outcome Assessments Consortium](#)

>[Researchers co-funded by the National MS Society discover possible mechanism for MS damage to nerve tissue in mice](#)

>[High levels of vitamin D among pregnant women are associated with reduced risk of developing MS later](#)

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The highlight of the meeting was keynote speaker [David Osmond](#), part of the second generation of singers in the famous Osmond family - and a second generation living with MS. We are pleased that so many of you were able to meet David after the meeting and purchase a signed copy of his CD. For anyone who missed it, David's CD and other songs are available to purchase on [iTunes](#).

New podcasts available

Other new podcasts available on the Greater Delaware Valley Channel on Podbean include two presentations recorded at "The Hidden Effects of MS" event at the Chateau Resort & Conference Center in Tannersville, Pa. on October 6, 2012.

Relationship Survivability

The first podcast is presented by John Armando, LCSW and focuses on relationship survivability. Armando is a Licensed Clinical Social Worker devoted to relationship problems and couples therapy. [Click here to listen to or download the podcast.](#)

Financial Survivability

In the second podcast, Mary Anne Ehlert, CFP® discusses financial survivability. Ehlert is a financial professional and sister to an individual with disabilities. [Click here to listen to or download the podcast.](#)

(Please note that if you are using Internet Explorer 8, you may have issues with the podcast site. We recommend updating your browser or using an alternative such as Chrome or Firefox.)

DOLLAR BY DOLLAR,
WALK MS IS
CHANGING LIVES.

Save the Date!
APRIL 21, MAY 4 & MAY 5, 2013

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