



Date _____

Dear _____,

This year, I'll be going the distance to fight multiple sclerosis as part of the "IRun to Stop MS" campaign. On behalf of those who can't, I have committed to participate in the following races:

More than 400,000 Americans face the daily unpredictability of multiple sclerosis, and yet another person is diagnosed with the disease every hour. That diagnosis changes their lives forever. It can affect their ability to walk, see or think. The worst part is, they never know what's going to happen next.

I'll be raising money with every mile I complete. I've set a personal goal of raising \$ _____ to help people living with this disease. Please help me reach it!

> **Make your check payable to the National MS Society and mail it back to me at:**

> **Or donate to my fundraising campaign online at <http://main.nationalMSsociety.org/irun>. To credit my fundraising account, click on the link to "Donate" on the left, then type my name in the fields provided.**

The National MS Society is the leading provider of services and programs for people living with MS and their families. The Society also invests more money into MS research than any other volunteer-driven health organization in the world.

Thanks so much for your help in achieving our vision of a world free of MS.

Warmest regards,

HOW WE HELP

DAILY LIFE

- > Home care
- > Wellness programs
- > Physical/occupational/speech and language therapy
- > Self-help groups
- > Employment services

EDUCATION

- > Workshops and materials
- > Information and Resource Center (1-800-FIGHT-MS)

HEALTH SERVICES

- > Care management
- > Transportation to neurology appointments
- > Medical equipment
- > Personal care supplies
- > Health insurance advocacy

FOR CAREGIVERS

- > Family programs
- > Caregiver respite

FINANCIAL ASSISTANCE

- > Quality of Life Grant
Emergency aid for housing, food, utilities, eyeglasses, household repairs and other essential items
- > Modifications Assistance Grant
Provides funds to modify homes and/or vehicles to improve accessibility
- > HomeABLE Grant
Funds major home modifications

If you or someone you know has MS, please contact the National Multiple Sclerosis Society today at nationalMSSociety.org or **1-800-FIGHT-MS** to learn about ways to help manage multiple sclerosis and about current research that may one day reveal a cure.

Studies show that early and ongoing treatment with an FDA-approved therapy can reduce future disease activity and improve quality of life for many people with multiple sclerosis. The National MS Society's medical advisors recommend that people with MS talk with their health care professional about using one of these medications and about strategies and effective treatments to manage symptoms. The National MS Society is committed to ensuring that people with MS have the information and quality care they need to live healthy, productive and independent lives.



**National
Multiple Sclerosis
Society**

