National MS Society
Teleconference Series
2011 - 2012

Join us from the comfort of your own phone for a year of informative conference calls on a diverse range of topics for people living with MS. This educational series is **free** and made available through the collaboration of the following chapters of the National Multiple Sclerosis Society: Connecticut, Greater New England, Long Island, New Jersey Metro, New York City - Southern New York, Rhode Island and Upstate New York.

Thursday, November 10, 2011
Parenting Skills- Developing a Tool Kit for families with MS
6:30 - 7:30 p.m.
This teleconference will help you identify your parenting strengths, and challenges managing MS and parenting responsibilities. It will focus on the importance of communication, planning, prioritizing and developing a support network.

Speakers:
*Nancy Lowenstein, OT
Mount Auburn Hospital Comprehensive MS Care Center and Assistant Clinical Professor at the Occupational Therapy Program, Boston University, MA
*Ronnie Hochberg, MS, CRC, LMHC
Mount Sinai Medical Center, Department of Psychiatry, New York, NY

Tuesday, January 24, 2012
Where is My Memory? Cognitive Changes in MS
6:30 - 7:30 p.m.
This teleconference will explain cognitive issues in MS and delve into the impact of cognitive dysfunction on everyday life. Tools to help people with MS manage and adapt to the impact of cognitive symptoms will also be explored.

Speakers:
*John DeLuca, PhD
Vice President for Research, Kessler Foundation Research Center, Professor in the Departments of Physical Medicine & Rehabilitation (PM&R) and

Neurology and Neuroscience at the University of Medicine and Dentistry of New Jersey
* Jeffrey Gingold
Person living with MS and author of the award-winning books, "Facing the Cognitive Challenges of Multiple Sclerosis" and "Mental Sharpening Stones."

Thursday, March 15, 2012
Emerging Therapies for MS Treatment
6:30 - 7:30 p.m.
The emergence of new MS therapies is both exciting and challenging for people living with MS and the clinicians who treat them. An MS specialist neurologist will discuss the most recent information concerning newly emerging MS therapies to promote a better understanding and educate participants on treatment options.

Speaker:
* Stephen Krieger, MD
Corinne Goldsmith Dickinson Center for MS at Mount Sinai Medical Center, New York, NY

Thursday, May 3, 2012
Using Assistive Technology for People Living with MS
6:30 - 7:30 p.m.
This teleconference will explore a variety of assistive technologies that can enable people living with MS to function better at home, at work and at leisure. The presenter will also address resources that may be available in the community for funding of equipment.

Speaker:
* Mark Surabian
Assistive Technology Practitioner, Pace University, New York, NY and owner/creator of web-based resource, www.Cognitechcafe.com

Wednesday, July 18, 2012
Management and Rehabilitation of Advanced MS
6:30 - 7:30 p.m.
This teleconference will present a brief overview of advanced MS and the current status of research and practical application of symptom management.

Speaker:

* George H. Kraft, M.D., M.S.
Director of the Western Multiple Sclerosis Clinical Center and Alvord Professor of MS Research; Professor, Rehabilitation Medicine and Neurology at the University of Washington in Seattle

Thursday, September 13, 2012
Staying Healthy With Vitamins and Oral Supplements
6:30 - 7:30 p.m.
Learn about the pros and cons of oral supplements and discuss some of the most commonly used vitamins, minerals and herbs.

Speaker:
* Patricia Melville, NP-C
Stony Brook MS Comprehensive Care Center, Stony Brook, NY

Registration is free – reserve your space today!

Call 1-800-344-4867, option 1
or visit www.nationalmssociety.org/rir,
Programs and Services Calendar

Please note: Registration deadline is one week prior to each conference call.