JACK & BACK 2012 LONG ROUTE						
SATURDAY **- FRANKLIN TO LYNCHBURG-MOTLOW**						
		Cumulative Miles				
Start	**Distance**	**Finish**	**Directions**	**Rest Stop**	**Time @**	**Time @**
				Distance	**25 MPH**	**10 MPH**
0.00	0.00	0.00	Left out of Page High School onto Arno Road		***7:30 AM***	***7:30 AM***
0.00	1.10	1.10	Left onto Peytonville-Trinity Road			
1.10	2.90	4.00	Straight Past Grocery on Right			
4.00	0.30	4.30	Right on Harpeth-Peytonsville Road			
4.30	4.30	8.60	Left on Highway 431 (BP Market on Right)			
8.60	0.70	9.30	Left on Bethesda Road (Follow Public Library Sign)			
9.30	2.30	11.60	Left on Bethesda Road (Do not take Byrd Lane)			
11.60	1.80	13.40	**Waterin' Hole #1 Long Route at Bethesda Market--On Right**	**13.4**	**8:02 AM**	**9:00 AM**
13.40	1.70	15.10	Veer left onto Pull Tight Road			
15.10	2.20	17.30	Left onto Arno-Allisona Road			
17.30	3.60	20.90	Right onto Arno-College Grove Road			
20.90	3.90	24.80	**Waterin' Hole #2 Long Route at College Grove Elemementary--On Left**	**11.4**	**8:29 AM**	**10:18 AM**
24.80	0.40	25.20	Cross Highway 31A to Bellenfant Road--*CAUTION*			
25.20	1.50	26.70	Left onto Highway 41A--*CAUTION*			
26.70	0.10	26.80	Right on John Windrow Road			
26.80	0.20	27.00	Right on John Windrow Road			
27.00	2.20	29.20	Left on Rocky Glade Road @ Cedar Grove Missionary Baptist Church			
			Veer right at split			
29.20	3.50	32.70	Veer Right again at Church. Road changes to Jackson Ridge Road			
32.70	1.10	33.80	Cross over Higway 99--Caution			
33.80	0.30	34.10	**Waterin' Hole #3 Long Route at Elrod's Cabinet Shop--On Left**	**9.3**	**8:51 AM**	**11:14 AM**
34.10	1.30	35.40	Continue on Concord Road through Stop sign			
			Continue straight through stop sign onto Versailles			
35.40	0.90	36.30	Right onto Versailles-Longview Road			
36.30	8.90	45.20	Left on Unionville-Deason Road			
45.20	3.00	48.20	**Waterin' Hole #4 Long Route at TN Fire Services & Codes Academy**	**14.1**	**9:25 AM**	**12:39 PM**
			Left out of TN Fire Services & Code Acedemy			
48.20	1.30	49.50	Right on Midland			
49.50	1.30	50.80	Right on Pinkston Rd.			
50.80	2.40	53.20	Left on Old Nashville Dirt Rd.			
53.20	5.10	58.30	Left on Peacock Rd.			
58.30	0.50	58.80	Left on Midland			
58.80	1.10	59.90	Right on Whiteside			
59.90	0.10	60.00	Right on 231 A - make loop up & over bypass			
60.00	0.01	60.01	Right on 437			
60.01	0.01	60.02	Right on Fairfeild Pike			
60.01	0.40	60.41	Straight through Fairfield onto Tulip Tree			
60.41	0.10	60.51	Right on Glen Oaks			
60.51	0.20	60.71	**Waterin' Hole 5 Long Route at Deery Eakin Elementary School -- On Left**	**12.5**	**9:55 AM**	**1:16 PM**
60.71	0.35	61.06	Left out of Waterin' Hole onto Mead Dr.			
61.06	0.40	61.46	Right on Gowen			
61.46	0.30	61.76	Left on Deery @ Light			
61.76	0.50	62.26	Straight across 41@ Light			
62.26	0.20	62.46	Straight at Stop Sign			
62.46	0.10	62.56	Straight at Light			
62.56	0.10	62.66	Straight at Light. Cross Highway 64 to Highway 130/Belmont Avenue			
62.66	6.60	69.26	**Waterin' Hole #6 Long Route at Marshall House -- On Left**	**8.6**	**10:16 AM**	**2:08 PM**
			Veer right on Ledford Mill Road			
69.26	6.10	75.36	Straight across 5 Points Road			
75.36	0.40	75.76	**FINISH LINE -- MANDATORY CHECK IN. Bike Compound on Right**	**6.5**	**10:31 AM**	**2:47 PM**
			Arrival times at 10 miles an hour include an additional 10 minutes			
			at each rest stop and 20 minutes at lunch.			
			Arrival times at 25 miles an hour do not include any stopping.			