National
Multiple Sclerosis
Society
Greater
Northwest
Chapter

Resources on Employment and MS

Equal Employment Opportunity Commission (EEOC)
800-669-4000
http://www.eeoc.gov/
The EEOC enforces federal laws that forbid employment discrimination. They can tell you whether your situation might violate the law, help you understand the process to file a charge of discrimination, and investigate charges against employers who are accused of discrimination. Their investigations can lead to negotiation, settlement, or further action if needed.

Job Accommodation Network (JAN)
800-526-7234
http://askjan.org/
JAN can help both employees and employers on a one-on-one basis. They provide information about rights and responsibilities under the ADA (Americans with Disabilities Act) and help exploring and requesting needed workplace accommodations.

Regional ADA National Network Centers
800-949-4232 (V/TTY)
http://www.adata.org
The ADA National Network provides information, guidance and training on the Americans with Disabilities Act (ADA), tailored to meet the needs of business, government and individuals at local, regional and national levels. The ADA National Network consists of ten Regional ADA National Network Centers located throughout the United States that provides personalized, local assistance to ensure that the ADA is implemented wherever possible.

Alaska State Commission for Human Rights
800-478-4692
http://www.humanrights.alaska.gov
The Alaska State Commission for Human Rights is the state agency that enforces the Alaska Human Rights Law, AS 18.80. The Commission has statewide powers, and accepts and investigates complaints from individuals across all regions of the state. It is the policy of the state and the purpose of this chapter to eliminate and prevent discrimination.

Montana Human Rights Bureau
800-542-0807
http://erd.dli.mt.gov/human-rights-bureau.html
The Human Rights Bureau receives and investigates complaints of illegal discrimination, including violations of the Montana Human Rights Act.

Washington State Human Rights Commission
800-233-3247
http://www.hum.wa.gov
The mission of the Washington State Human Rights Commission is to eliminate and prevent discrimination through the fair application of the law, the efficient use of resources, and the establishment of productive partnerships in the community.

Learn Online Video Series (National MS Society)
Click here to watch and learn!

Library of Brochures (National MS Society)
Click here to browse information on employment and other topics.

Not sure where to start? Need more information or help with what's next?
Call 800-344-4867 (800-FIGHT-MS) and speak to an MS Navigator.
Ask them about employment consultation.

The National Multiple Sclerosis Society is pleased to assist you in researching information about employment-related issues. Our comments are based on professional advice, published information, and expert opinion, but do not represent legal advice. For legal advice, please consult a qualified attorney.