



PROGRAMS & SERVICES

July 23, 2010	CC:
COUPLES' WORKSHOP ORIENTATION TELECONFERENCE	
Action Requested/Deadline: Information Only	

The *Relationship Matters* program is offering two teleconferences for chapters who are planning a federally funded couples' workshop in FY11. The calls are scheduled for:

Tuesday, August 10, 2:00 pm EST, 1:00 CST, 12:00 MST, 11:00 am PST

Guest speakers:

Kevin Dougherty, MA, LPC, Vice President, Programs and Services, National Capital Chapter (1 day perspective)

Linda Rossi, Programs & Client Services Coordinator, New Jersey Metro Chapter (2 day perspective)

Thursday, August 12, 1:30 pm EST, 12:30 CST, 11:30 am MST, 10:30 am PST

Guest speakers:

Alicia Barron, LMSW, MSCIR, MSSMC, Manager, Programs and Services, Lone Star Chapter (1 day perspective)

Tony Bernard, LSW, Associate Vice-President of Logistics & Advocacy, Ohio Buckeye Chapter (2 day perspective)

The call in number and conference code for both calls are:

Call in number: 1-800-910-3597

Conference code: 83830617

Although the calls are designed for chapter staff involved with the federal grant, everyone is welcome to attend. The guest speakers will share their experiences with planning these workshops and can offer helpful advice to chapters who wish to host the workshop in the future.

Please direct any questions about the *Relationship Matters* program or the teleconferences to Lara Rezzarday at 303-698-6100, ext. 15205 or lara.rezzarday@nmss.org.



PROGRAMS AND SERVICES

Date: July 23, 2010	CC:
September All Self - Help Group Leader Teletraining	
Action Requested by September 10, 2010	

The final teletraining planned for fiscal year 2010 for all self-help group leaders is scheduled for September 22, 2010. The topic is ***Mood and Cognition Issues in MS (Part II)***. This training is the follow-up to the ***Mood and Cognition Issues in MS*** teletraining held in April 2010.

Part I of the training series focused on what is known about mood and cognitive changes in MS. In Part II of this series, call participants will learn practical strategies for working with group members with mood and/or cognition issues. Real-life scenarios submitted by self-help group leaders from across the country will be used as the basis for the discussion.

The presenter for this teletraining is Rosalind Kalb, PhD. Dr. Kalb is Vice President of the Society's Professional Resource Center, developing and providing educational materials and consultation services for healthcare professionals. As a clinical psychologist in private practice, Dr. Kalb has provided individual and family therapy for people living with MS for more than 25 years.

This training is targeted towards all self-help group leaders, regardless of how long the person has been a leader. Participation in Part I is not a pre-requisite for registering for Part II of the series. For leaders who missed the first training or would like a refresher, the podcast and handouts are available for download on the Society's website (go to Multimedia Library>MS Learn Online>Symptom Management>More Symptom Management Feature Presentations>Mood and Cognition Issues in MS.)

SCHEDULE

Two teletraining calls are scheduled. Group leaders choose one of the two calls. It is the same agenda offered at two different times.

- Call 1 is Wednesday, September 22, 2010 from 1-2:30 pm ET (12 pm CT, 11 am MT, 10 am PT)
- Call 2 is Wednesday, September 22, 2010 from 7-8:30 pm ET (6 pm CT, 5 pm MT, 4 pm PT)

Note – because of the complexity of the content being presented this teletraining is scheduled for 90 minutes, versus the typical 60 minutes.

The call will be recorded for those leaders that miss the teletraining or would like to listen again. A playback number will be provided for you to share with your leaders. The recorded call will be available for 30 days. In addition, you can request a CD of the call.

COST

There is no cost for this call. This teletraining is made possible through an unrestricted educational grant from Teva Neuroscience.

REGISTRATION AND CANCELLATION INFORMATION

The registration form and promotional handout are available on SharePoint: Programs and Services>Social Connections and Support Resources>Self Help Group Materials.

Due to numerous factors, including the need to reserve lines with the conference call company, charges for unused lines, and the distribution of call information and handouts, registration and cancellation deadlines have been established. The **registration deadline** is **Friday, September 10th**. Chapters needing to **cancel a registration** must do so no later than **Friday, September 17th**. Please send all change notifications to Julie Gibson (contact information below).

Approximately 7-10 days prior to the teletraining, the Programs and Services Department will e-mail the training handouts to chapters to distribute to their leaders registered for the training.

Please address questions to Julie Gibson, who manages this program as a project consultant for the Programs and Services Department. Julie can be reached at (253) 921-2027 (Pacific Time) or at julie.gibson@nmss.org.

Topics and dates for future teletrainings will be announced in upcoming news sheets.

Additional questions or suggestions for FY 2011 teletraining topics can be directed to Kim Koch at (303) 698-6100, ext. 15158 or kimberly.koch@nmss.org.