

MS SELF-HELP GROUP MEETING AGENDA

Group Name: _____

Group Leader/Co-Leaders: _____

Meeting Date & Time: _____

Meeting Location: _____

Meeting Agenda

- Welcome
 - Sign-In Sheet

- Rules
 - Confidentiality: (see other side)
 - Disclaimer: (see other side)

- "And you are?"
 - Reminders of who's who
 - Introduction of new members

- Meeting focus
 - Guest Speaker
 - Group conversation/discussion
 - Closing

- Upcoming Meeting Reminders
 - (Xst day of each month, time)
 - Upcoming Meeting Dates include:

Self-Help Group Meeting Disclaimer:

The National MS Society respects the rights of people with MS to obtain any and all information they want related to MS, including information on wellness, medical treatments or complementary therapies, and products and services. The information presented at this meeting does not necessarily reflect the views or official position of the Society, nor carry the endorsement or support of the NMSS. For specific medical advice, contact your physician. For the opinion of the Medical Advisory Board of the National MS Society on any therapy, treatment or product, please contact your local chapter 1-800-344-4867 or visit www.nationalmssociety.org

Confidentiality Policy:

Self-help group facilitators and participants must maintain confidentiality according to NMSS policies.

Confidentiality limits the disclosure of personal identification and/or information revealed in any self-help group meeting or activity. Each chapter staff member/volunteer/self-help group member must safeguard confidentiality and cannot disclose, in an individually identifiable way, information, photographs, or videos about a particular person without that person's expressed authorization. This includes safeguarding the participant's right to anonymity.

This policy of the National Multiple Sclerosis Society recognizes the rights of individuals to privacy and conforms with the general principles defined by the Federal Privacy Act of 1974, generally accepted social work practice and various professional associations.