Connections Volunteers Drop-In Call September 17, 2020

Hosted by:

Mollie Burns
Manager Implementation & Engagement

Q&A: There will be time for questions after presentation
- Option #1: Pop on camera using your webcam; unmute
- Option #2: Type your question in the Chat box

A recording of this call (without webcam) will be posted on our website at:
https://www.nationalmssociety.org/Resources-Support/Find-Support/Connect-with-Peers-One-on-One/For-Connection-Program-Volunteers
Today’s Time

• **NEWS:** Going digital through December 31\textsuperscript{st}

• We are here to support you! - New support email: [peerconnections@nmss.org](mailto:peerconnections@nmss.org)

• Connections Program Volunteer Website: [http://nationalmssociety.org/ConnectionsVolunteers](http://nationalmssociety.org/ConnectionsVolunteers)
National Multiple Sclerosis Society

MS Navigator®
Abigail Vacca, MSW
Manager, MS Navigator Services Delivery
Basis for MS Navigator®

MS Navigator exists because people with MS face challenges everyday
MS Navigator Team

Our nationwide team works one-on-one with people affected by MS
Continuum of Support

- Self-Service & Common Requests
- Service Navigation
- Case Management

Low Touch | Continuum of Support | High Touch
Serving as Supportive Partners

- Assess current needs and emotional status
- Goal-oriented support, connection to services and resources
- Exploration, support and progress when there are no solutions

Angela, MS Navigator
Top 5 Areas of Support

MS Navigators provide connections to resources, expert support and access to funds in the areas of:

• Benefits, insurance and employment
• Social and emotional support
• Housing
• Neurologist referrals
• Home care
Case Management

Goal: Increase independent living and quality of life for people affected by MS whose health and safety are compromised
Crisis Support

MS Navigators are trained and equipped to actively identify and take immediate action on urgent, harmful concerns.
Benefits, Employment & Health Insurance

- Private and public insurance
- Disability benefits
- Disclosure decisions
- Legal protections
- Employment guidance
Pathway to Access MS Navigator

– Phone: 1-800-344-4867
  • 7:00 am – 5:00 pm MT (M – F)
– Email: ContactUsNMSS@nmss.org
– Web Chat
– Partners in MS Care referral form
Closing thoughts

MS Navigators help people navigate life with MS
Questions?
Society Resources
We are Here

National Multiple Sclerosis Society
Support for Leaders and Groups

• **We are going digital through December 31**
• **Ongoing Drop In Calls**
  – Thursdays at noon PST/3EST
  – September 24: Nuts and Bolts of a Virtual Group Meeting
• **MS Navigator is available to help!**
• **Find Doctors and Resources Online**
Ask the Expert:
Telemedicine and Multiple Sclerosis
September 18 at 1:00 p.m. ET/10:00 a.m. PT

William R. Meador, MD
Associate Professor
Department of Neurology
Co-Director Transverse Myelitis Association Clinic
UAB | The University of Alabama at Birmingham
Spanish Ask the Expert

Vaccines and Disease Modifying Treatments in the era of COVID-19 – What you need to know

Roberto A. Cruz Saldana, MD. Neurologist. DHR Health Neuroscience Institute.

Wednesday, September 30, 2020 at 4:00 pm PST; 5:00 pm MST; 6:00 pm CST; 7:00 pm EST

Register at: https://www.nationalmssociety.org/Resources-Support/Library-Education-Programs/Ask-an-MS-Expert-Webinar-Series
September 22-24, 2020
2:00 p.m.-4:00 p.m. ET / 11:00 a.m.-1:00 p.m. PT

To learn more about this program, explore the agenda and register, please visit nationalmssociety.org/BlackMSExperience.
CAFÉ CON LECHE

Conversation and Support in Spanish for People Living with Multiple Sclerosis

In the National MS Society, we want to make sure that everyone affected by MS can connect with others, feel supported, and receive reliable information regardless of where they are. In this opportunity, we invite the Hispanic/Latino MS community to join us for the video conference/phone call Café con Leche group.

Meetings are the 2nd Tuesday of each month at 4:00 p.m. ET. First meeting is October 13

For more information or to register call 1-800-344-4867, option 3, or nationalMSsociety.org/Espanol.
Connection Volunteer Website

For Connection Program Volunteers

Peer Connections: One-on-One

- For Connection Program Volunteers

In This Article

- Resources for volunteers
- Recorded All Society Leader Calls
- MS 101 Webinars
- Group meeting discussion guides and toolkits
Emotional Support Resources

- Happy the App
- Find Doctors and Resources Tool
- Facebook Group: National MS Society Community
- MS Navigator is available to help!
- HelpPRO
  - Online search tool
- Behavioral Health Treatment Services Locator
  - Nationwide behavioral health services & resources
- NeedyMeds.org
  - Mental Health clinic locator
Need Support Connecting Your Group? Resources are Available!

✓ Skype
✓ Zoom
✓ FaceTime
✓ Google Hangout
✓ Facebook Messenger
✓ Free Teleconference Tools
✓ Support Group finder on Society Website

Connect with your Society Staff Partner to discuss your needs
The National MS Society respects the rights of people with MS to obtain any and all information they want related to MS including information on wellness, medical treatments or complementary therapies, products and services. The information presented at this meeting does not necessarily reflect the views or official position of the National Multiple Sclerosis Society, nor carry the endorsement or support of the Society. To protect your privacy and the privacy of other members, please do not record, take screenshots, or share information about other members of this group outside of this meeting. For specific medical advice, contact your physician. For the opinion of the National Medical Advisory Committee of the National MS Society on any therapy, treatment or product, please contact your chapter at 1-800-344-4867 (1-800-FIGHT-MS), or visit our website at nationalMSsociety.org
CONNECTING LEADERS TO LEADERS

• What questions do you have?
• What questions are you getting from others?
• What resources or support would be helpful?
• Share helpful tips for other leaders