In an effort to make future programs as valuable as possible, we want your opinion. Please return this survey or visit www.surveymonkey.com/r/bladderbowel to complete online. Thank you for taking the time to share your feedback.

1. What is your relationship to MS?
   a. □ Person with MS
   b. □ Spouse/partner
   c. □ Family member/friend
   d. □ Healthcare provider
   e. □ Other, please describe: ________________________________

2. Approximately how long have you (or the person you care about) been diagnosed with MS?
   a. □ Less than two years
   b. □ 2–5 years
   c. □ 6-10 years
   d. □ More than 10 years

3. What type of MS have you (or the person you care about) been diagnosed with?
   a. □ Relapsing-Remitting
   b. □ Secondary-Progressive
   c. □ Primary-Progressive
   d. □ Primary-Relapsing

4. Age: __________________

5. Gender: □ Female □ Male □ Prefer not to answer

6. Was this a: □ In-person program (i.e. annual meeting, research symposium, etc.) □ Self-help Group meeting

7. City, state: ___________________________________________
8. Please respond to the following statements by checking the box most descriptive of your response.

<table>
<thead>
<tr>
<th>As a result of this program...</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Disagree Strongly</th>
<th>No opinion, Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have a better understanding of why it’s important to diagnose bladder and bowel issues.</td>
<td></td>
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<tr>
<td>I have a better understanding of how MS can cause bladder and bowel issues.</td>
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<tr>
<td>I have a better understanding of how bladder and bowel issues are diagnosed.</td>
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<tr>
<td>I have a better understanding of the options available for treating bladder and bowel issues.</td>
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<tr>
<td>I have a better understanding of self-management strategies for bladder and bowel issues.</td>
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</tr>
<tr>
<td>I feel more comfortable discussing bladder and bowel symptoms with my healthcare provider.</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>I plan to speak with my healthcare provider about my bladder or bowel issues.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

9. How did you hear about this program?  
   - [ ] Society email  
   - [ ] Society printed communication (newsletter, brochure, etc.)  
   - [ ] Self-help group  
   - [ ] Healthcare provider  
   - [ ] Society Facebook or other social media  
   - [ ] Society website  
   - [ ] Other

10. The video was  
    - [ ] too long  
    - [ ] too short  
    - [ ] just right  
    - [ ] No opinion

11. Did the companion book add knowledge to the topic?  
    - [ ] Yes  
    - [ ] No  
    - [ ] No opinion/don’t know

12. Could you relate to one or more of the people living with MS in the video?  
    - [ ] Yes  
    - [ ] No  
    - [ ] No opinion/don’t know

13. Were the healthcare professionals in the video engaging and easy to understand?  
    - [ ] Yes  
    - [ ] No  
    - [ ] No opinion/don’t know

14. In what way do you think this program might help you live better with MS?  

15. Additional comments or suggestions on this video or book?  

16. What topics would be of interest for future programs (i.e. videos, books)?