



ELLECIA, DIAGNOSED IN 2011



JOSHUA, DIAGNOSED IN 2015













ERIC, DIAGNOSED IN 2003

NEW TO MS RESOURCE GUIDE

If you or a loved one have recently been diagnosed with multiple sclerosis (MS), you may not even know where to begin and what this means in terms of the rest of your life. We want you to know that **you are not alone**.

RESOURCES

Many people find it helpful to start by gathering the facts. Learning as much as you can about MS and getting answers to common questions can help you feel confident and in control of your health. The clickable links below will provide access to MS information and resources:

-  [Newly Diagnosed](#)
-  [What is MS](#)
-  [Symptoms and Diagnosis](#)
-  [Treating MS](#)
-  [Living Well with MS](#)
-  [Relationships](#)
-  [Work, Home and Leisure](#)
-  [Disclosing Your Diagnosis](#)
-  [Knowledge Is Power](#)
-  [Resources and Support](#)
-  [MS Navigator](#)
-  [Get Involved](#)

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National
Multiple Sclerosis
Society



HANNAH, DIAGNOSED IN 2017

TOGETHER WE ARE STRONGER.

The National MS Society's mission is that we will cure MS while **empowering people affected by MS to live their best lives.**

We help you do that by addressing the challenges of living with MS through a variety of resources and support options. We have resources for families, spouses and children who can also experience the effects of MS.

CONTACT US

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